

BEFORE THE BOARD OF SUPERVISORS
COUNTY OF FRESNO
STATE OF CALIFORNIA

RESOLUTION NO. 25-120

PROCLAIM MAY 5 - 11, 2025, AS MATERNAL)
MENTAL HEALTH AWARENESS WEEK, AND)
MAY 2025 AS MATERNAL MENTAL HEALTH)
AWARENESS MONTH IN THE COUNTY OF FRESNO)

WHEREAS, maternal mental health is a critically important concern to women, their children and partners, and their communities and must be a primary concern for the health and safety of families in Fresno County; and perinatal mood and anxiety disorders can affect all women of childbearing age and their partners regardless of age, race, or income level; and the mental health of mothers is crucial to the health and development of children, families, and communities; and

WHEREAS, research has shown that untreated maternal depression and anxiety during pregnancy or postpartum negatively affects birth outcomes and infant development, including infant mental health and brain development; and 1 in 5 women, who reside within Fresno County, will suffer from a mental health disorder like postpartum depression; yet, only 15% of women seek out treatment; and

WHEREAS, many women are not adequately informed, screened, or treated for perinatal mood and anxiety disorder due to a misunderstanding of the disorder and the stigma associated with mental illness; and maternal mental health challenges continue to be missed or overlooked during women's prenatal and postpartum care; and perinatal mood and anxiety disorders are highly treatable through assessment screenings, therapeutic interventions, community-based support services, and medication; and

WHEREAS, increased awareness, education, and resources for screening, assessment, referral, and treatment of perinatal mood and anxiety disorders should be available to all women and their providers throughout Fresno County; and

WHEREAS, to raise awareness about the importance of maternal mental health, the Maternal Wellness Stakeholders of Fresno County will join the rest of the nation in observance of Maternal Mental Health Awareness Week.

NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaims the week of May 5th through May 11th as Maternal Mental Health Awareness Week and the Month of May 2025 as Maternal Mental Health Awareness Month in Fresno County in order to increase prevention, screenings, reduce stigma and promote maternal wellness.

THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 6th day of May 2025, to-wit:

AYES: Supervisors Bredefeld, Chavez, Magsig, Mendes, Pacheco
NOES: None
ABSENT: None
ABSTAINED: None



Ernest Buddy Mendes, Chairman of the Board of
Supervisors of the County of Fresno

ATTEST:
BERNICE E. SEIDEL
Clerk of the Board of Supervisors
County of Fresno, State of California

By 
Deputy