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BEFORE THE BOARD OF SUPERVISORS

COUNTY OF FRESNO STATE OF CALIFORNIA

RESOLUTION NO. 25-121

PROCLAIM MAY 2025 AS MENTAL HEALTH) MATTERS MONTH IN THE COUNTY OF FRESNO)

WHEREAS, the Fresno County Department of Behavioral Health and its various community partners are committed to the efforts of promoting wellness, supporting recovery, and fostering resilience among individuals and families in our community; and

WHEREAS, one in seven Californians will experience some form of mental health challenge over the course of their lifetime. Mental health challenges are one of the most common health conditions in California, affecting not only those who experience such challenges directly, but also their loved ones and support systems; and

WHEREAS, every day, millions of individuals face stigma, misunderstanding, and social isolation related to mental health conditions, often delaying access to the care and support they need; and

WHEREAS, recovery can and does happen, and all Californians should know that support, treatment, and healing are available regardless of any individual's situation; and

WHEREAS, creating a community where everyone feels safe, supported, and empowered to seek the mental health care they need and deserve is essential to ending the stigma surrounding mental health; and

WHEREAS, the Fresno County Department of Behavioral Health and its various community partners strive to cultivate hope and healing for a better Fresno County and the Fresno County Board of Supervisors wishes to enhance public awareness of mental health.

NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaims May 2025 as Mental Health Matters Month in the County of Fresno, to help end the stigma associated with mental health, increase awareness, and support wellness, resilience, and recovery efforts throughout Fresno County.

THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 6th day of May 2025, to-wit:

AYES:

Supervisors Bredefeld, Chavez, Magsig, Mendes, Pacheco None

NOES: ABSENT:

None

ABSTAINED: None

Ernest Buddy Mendes, Chairman of the Board of Supervisors of the County of Fresno

ATTEST:

BERNICE E. SEIDEL

Clerk of the Board of Supervisors County of Fresno, State of California

Deputy