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**BEFORE THE BOARD OF SUPERVISORS**  
COUNTY OF FRESNO  
STATE OF CALIFORNIA

**RESOLUTION NO. 23-149**

**IN THE MATTER OF PROCLAIMING MAY 2023)  
AS MENTAL HEALTH MATTERS MONTH )**

**WHEREAS**, Mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

**WHEREAS**, One out of every twenty-four Californians with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

**WHEREAS**, Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

**WHEREAS**, Recovery and wellness can and does happen, and all Fresno County residents should know that support and help is available regardless of any individual's situation; and

**WHEREAS**, Creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

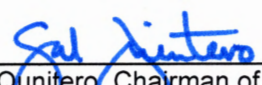
**WHEREAS**, Access to support and ending the stigma is of paramount importance; and

**WHEREAS**, The Fresno County Board of Supervisors wishes to enhance public awareness of mental health and wellness.

**NOW THEREFORE, BE IT RESOLVED** that the Fresno County Board of Supervisors hereby proclaim the month of May 2023 as Mental Health Matters Month in the County of Fresno to enhance public awareness of mental health to help end the stigma, increase awareness, and support wellness and recovery efforts for Fresno County.

**THE FOREGOING**, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 9<sup>th</sup> day of May 2023, to-wit:

AYES:	Supervisors Brandau, Magsig, Mendes, Pacheco, Quintero
NOES:	None
ABSENT:	None
ABSTAINED:	None

  
\_\_\_\_\_  
Sal Quintero, Chairman of the Board of  
Supervisors of the County of Fresno

ATTEST:  
BERNICE E. SEIDEL  
Clerk of the Board of Supervisors  
County of Fresno, State of California

By  \_\_\_\_\_  
Deputy