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BEFORE THE BOARD OF SUPERVISORS
COUNTY OF FRESNO
STATE OF CALIFORNIA

RESOLUTION NO. 25-137

PROCLAIM MAY 5-9, 2025, AS "WALKING WORKS!")
CHALLENGE WEEK IN THE COUNTY OF FRESNO)

WHEREAS, the County of Fresno has embarked on its "Walking Works!" Challenge to raise awareness of the importance physical activity has on reducing health issues facing County of Fresno employees, and to offer strategies and tools to increase physical activity in order to improve health and wellness; and

WHEREAS, research shows that a sedentary lifestyle is a predictor of obesity, diabetes, high blood pressure, and other health problems, but regular walking can help reduce preventable death, disease, and disability; reduce health care costs; improve overall energy and efficiency; and promote long and healthy lives among employees and residents of the County of Fresno; and

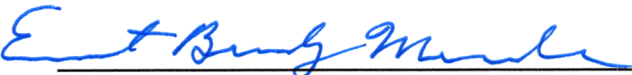
WHEREAS, Fresno and Tulare Counties, as part of the San Joaquin Valley Insurance Authority, have agreed to take part in the Ninth Annual "Walking Works!" Challenge scheduled for the week of May 5-9, 2025, whereby employees are encouraged to take part by tracking the number of steps walked daily; and

WHEREAS, the Fresno County Board of Supervisors has supported the "Walking Works!" Challenge by encouraging friendly competition amongst departments and supporting the use of Walker Tracker to track steps on an individual and department level.

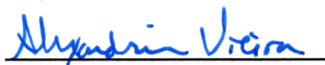
NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaim May 5-9, 2025, as "Walking Works!" Challenge Week and encourages all County of Fresno employees to become physically active and participate in the "Walking Works!" Challenge.

THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 6th day of May 2025, to-wit:

AYES: Supervisors Bredefeld, Chavez, Magsig, Mendes, Pacheco
NOES: None
ABSENT: None
ABSTAINED: None


Ernest Buddy Mendes, Chairman of the Board of
Supervisors of the County of Fresno

ATTEST:
BERNICE E. SEIDEL
Clerk of the Board of Supervisors
County of Fresno, State of California

By 
Deputy