



# COUNTY OF FRESNO

## DEPARTMENT CELEBRATION REQUEST FORM

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**Celebration date(s):**

Month of January

**Celebration theme:**

Mental Wellness Month

**Has the Department undertaken this celebration in the past?**  Yes  No

**If yes, please explain:** In the form of social media and emails to DBH staff.

**Number of staff expected to participate:**

Available for all.

**Estimated cost:**

\$0

**What will the celebration entail?**

This celebration will be used as a resource to highlight the importance of mental wellness for all individuals. Highlighting Mental Wellness Month will be done through emails, social media posts, internal or external newsletters, and community outreach events as they become available. There aren't any specific community events identified at the moment, but should the Department attend, the Department would share educational materials at the events. Communication can be viewable by any community resident who follows the Department's social media platforms.

**What is the public purpose of the Celebration?**

Open conversations help normalize mental health challenges, encouraging people to view them as a part of overall health rather than a weakness or moral failing. By raising awareness of symptoms, available resources, and the effectiveness of treatment, it empowers individuals to seek help earlier, leading to better outcomes

**Department head or designee name:** Emma Rasmussen, Deputy Director

erasmussen 12/17/2025 11:35:21 AM

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**Department head or designee signature and date**

**Department contact for questions:** Solomon Vang, 559-600-9986

CAO Review:

afloresbecker 12/18/2025 8:58:36 AM

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CAO signature and date