

**AMENDMENT TO AGREEMENT**

THIS AMENDMENT I, hereinafter referred to as Amendment, is made and entered into this 17th day of October, 2017, by and between the COUNTY OF FRESNO, a Political Subdivision of the State of California, hereinafter referred to as "COUNTY", and ASPIRANET, INC., a Private Non-Profit Organization, whose address is 1320 E. Shaw Avenue, #140, Fresno CA 93710, hereinafter referred to as "CONTRACTOR".

WHEREAS, the parties entered into that certain Agreement, identified as COUNTY Agreement No. A-14-722, effective December 16, 2014, hereinafter referred to as the "Agreement"; and

WHEREAS, the COUNTY engaged the CONTRACTOR for the purpose of providing Transitional Housing Program Plus (THP Plus) supportive services, Transitional Housing Program Plus Foster Care (THP Plus Foster Care) supportive services, and Family Unification Program (FUP) case management services; and

WHEREAS, the parties desire to amend the Agreement regarding changes as stated below and restate the Agreement in its entirety.

NOW, THEREFORE, in consideration of their mutual promises, covenants and conditions, hereinafter set forth, the sufficiency of which is acknowledged, the parties agree as follows:

1. That the following text in the Agreement, Page Two (2), beginning with Section Two (2), Line Eight (8) with the word "2. TERM" and ending on Page Two (2), Line Fourteen (14) with the word "term." be deleted and the following inserted in its place:

"2. TERM

This Agreement shall become effective January 1, 2015 and shall terminate on December 31, 2018. This Agreement may be extended for One (1) additional consecutive twelve (12) month period upon the written approval of both parties no later than thirty (30) days prior to the first day of the twelve-month extension period. The DSS Director, or designee, is authorized to execute such written approval on behalf of COUNTY based on CONTRACTOR's satisfactory performance."

2. That the following text in the Agreement, Page Three (3), beginning with Section

1 Four (4), Line Ten (10) with the word “4. COMPENSATION” and ending on Page Three (3),  
2 Line Twenty two (22) with the word “compensation” be deleted and the following inserted in its  
3 place:

4 “4. COMPENSATION

5 THP Plus

6 COUNTY agrees to pay CONTRACTOR and CONTRACTOR agrees to receive  
7 compensation based on actual expenditures incurred by CONTRACTOR for each youth in the  
8 THP Plus program in an amount not to exceed Two Thousand Three Hundred Ninety Seven and  
9 No/100 Dollars (\$2,397) per month per youth participating in the remote site model and Two  
10 Thousand Two Hundred and No/100 Dollars (\$2,200) per month per youth participating in the host  
11 family model for the period of January 1, 2015 through December 31, 2017 and an amount not to  
12 exceed Two Thousand Four Hundred Forty Three and No/100 Dollars (\$2,443) per month per  
13 youth participating in the remote site model and Two Thousand Thirty Nine and No/100 Dollars  
14 (\$2,039) per month per youth participating in the host family model for the period of January 1,  
15 2018 through December 31, 2019. In no event shall THP Plus services performed under this  
16 Agreement be in excess of Five Hundred Eight Thousand Two Hundred Ninety-Six and No/100  
17 Dollars (\$508,296) for each 12 month term of this Agreement. It is understood that all expenses  
18 incidental to CONTRACTOR’s performance of services under this Agreement shall be borne by  
19 CONTRACTOR. If CONTRACTOR should fail to comply with any provision of the Agreement,  
20 COUNTY shall be relieved of its obligation for further compensation.”

21 3. That the following text in the Agreement, Page Four (4), beginning with Section  
22 Four (4), Line Twenty-Eight (28) with the word “All” and ending on Page Five (5), Line Six (6)  
23 with the amount “(\$2,256,408.00)” be deleted and the following inserted in its place:

24 “All payments for THP Plus, and FUP Case Management-Youth and FUP Case  
25 Management-Families will be made on a fee-for service basis. The maximum total compensation  
26 for all services included in this Agreement will be Seven Hundred Fifty Two Thousand One  
27 Hundred Thirty Six and No/100 Dollars (\$752,136) per 12 month period. The maximum five-year  
28 total compensation for THP Plus and FUP Case Management-Youth and FUP Case Management-

1 Families services included in this Agreement will be Three Million Seven Hundred Sixty  
2 Thousand Six Hundred Eighty and No/100 Dollars (\$3,760,680).”

3 4. That all references in the Agreement to “Exhibit A” shall be changed to read  
4 “Revised Exhibit A”, which is attached hereto and incorporated herein by this reference.

5 5. That all references in the Agreement to “Exhibit B” shall be changed to read  
6 “Revised Exhibit B”, which is attached hereto and incorporated herein by this reference.

7 6. COUNTY and CONTRACTOR agree that this Amendment is sufficient to amend  
8 Agreement No. A-14-722, and that upon execution of this Amendment, the original Agreement,  
9 and this Amendment, shall together be considered the Agreement.

10 7. The Agreement, as hereby amended, is ratified and continued. All provisions,  
11 terms, covenants, conditions and promises contained in the Agreement and not amended herein  
12 shall remain in full force and effect. This Amendment shall become effective upon execution on  
13 the day first hereinabove written.

1 IN WITNESS WHEREOF, the parties hereto have executed this Amendment to Agreement No. A-  
2 14-722 as of the day and year first herein above written.

3  
4 ATTEST:

5 CONTRACTOR:  
6 ASPIRANET

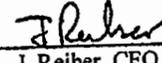
COUNTY OF FRESNO

7  
8 By   
9 Vernon Brown, CEO

By   
Chair, Board of Supervisors  
Brian Pacheco

10  
11  
12  
13 Date: 9.20.17

BERNICE E. SEIDEL, Clerk  
Board of Supervisors

14  
15 By   
16 J. Reiber, CFO

By 

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20  
21 PLEASE SEE ADDITIONAL  
22 SIGNATURE PAGE ATTACHED

23 Mailing Address:  
24 1320 E. Shaw Ave, Suite 140  
25 Fresno, CA 93710  
26 Phone No.: (559) 222-4969  
27 Contact: Vernon Brown, Chief Executive Officer  
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THP Plus

Fund/Subclass: 0001/10000  
Organization: 5610/7664  
Account/Program: 7870/0

THP Plus Foster Care

Fund/Subclass: 0001/10000  
Organization: 6410  
Account/Program: 7870/0

FUP

Fund/Subclass: 0001/10000  
Organization: 5610/7664  
Account/Program: 7870/0

DN:vm

## SUMMARY OF SERVICES

ORGANIZATION: Aspiranet  
ADDRESS: 1320 Shaw Ave., #140, Fresno, CA 93710  
MANAGER: Jim Thao, Core Program Director, (559) 222-4969  
SERVICES: Transitional Housing Program Plus, Transitional Housing Program Plus Foster Care, Family Unification Program Case Management Services for Youth and Families

CONTRACT PERIODS: January 1, 2015 – December 31, 2015  
January 1, 2016 – December 31, 2016  
January 1, 2017 – December 31, 2017  
January 1, 2018 – December 31, 2018  
January 1, 2019 – December 31, 2019

### I TRANSITIONAL HOUSING PROGRAM PLUS (THP PLUS) SERVICES

#### Summary of Services

Aspiranet will provide Fresno County with a comprehensive Transitional Housing Program Plus (THP Plus) for young adults who are at least 18 years of age and not yet 24 years of age and who are former foster/probation youth who have aged out of foster care. Parenting young people will be considered for the program. Young people who are eligible for THP Plus services are identified as those who are eligible for Independent Living Program (ILP) services, are at least 18 years of age and are not yet 24 years of age, who have designed and are pursuing the goals approved by the county, utilizing the California Department of Social Services (CDSS) approved THP Plus Transitional Independent Living Plan (TILP), and who are current participants or formerly eligible for ILP services if they were in a court ordered foster or juvenile probation placement between the ages of 16-18.

Aspiranet will maintain an average of 18 placements on a monthly basis subject to both fiscal and program changes throughout the duration of the contract. The program anticipates services for 14 Remote Site and four (4) Host Site participants. The number of participants estimated by housing type is only an estimate, and the percentage of Remote slots to Host slots will be revisited throughout the contract period to accurately reflect the needs of the target population in Fresno County. Aspiranet will average 18 participants monthly in the most suitable living situations that are host or site based. Given anticipated vacancies for either remote or host sites, Aspiranet may serve a number greater than 18 participants to maximize placement opportunities for THP Plus eligible youth. Aspiranet will not discriminate based on race, gender, sexual orientation or disability.

Aspiranet will utilize both the Host Family Model and the Remote Site Model. Participants who select to reside in the host family model will live in a family setting with a relative, current or former

foster family, or other consistent caring adult who has been screened and approved by Fresno County and Aspiranet. Supportive services and rental subsidies are provided for up to a 24-month period. Young people who select to reside in the remote site model will reside in a leased apartment/home, located in various areas throughout the community. The Remote Site model allows participants to be integrated into the community and stimulates independence while supportive services and rental subsidies are provided for a 24-month period. Aspiranet will work with property managers and assist the participants in securing the rental leases in their names, so that at their exit from the program they can maintain their housing. When locating housing for the participants, Aspiranet takes into consideration the access to central bus routes and if they are conveniently located and close to shopping, school, and other services.

### Service Components

#### Collaboration:

Transitional services are dependent on collaboration. Program partners include DSS Social Workers and Probation Social Workers. Services are closely coordinated with each of these individuals from time of referral, screening, assessment, and through all phases of the program. Other partners include the landlords of identified apartment complexes, donors to the program who are committed to Aspiranet on a Statewide basis and community agencies with which Aspiranet has working relationships.

#### Program Service Delivery:

The Aspiranet THP Plus program provides a comprehensive set of services. Participants will reside in either the host family model or the Remote Site model. Each participant will have clean and affordable housing that is in good repair and furnished appropriately. Young adults will be provided assistance with tenant rights and responsibilities and will have access to a Housing Specialist related to their housing needs or concerns.

#### Referral and Screening Process:

Referrals to the THP Plus Program are initiated by but not limited to the ILP coordinator, social worker, probation officer, community-based organization or self-referral. All referrals will be directed to the Fresno County Independent Living Program Social Worker who will determine the young persons' eligibility for referral to the Program, consult with the potential participant concerning their current strengths and needs as they relate to the Program, refer eligible young adults to the Program provider, assist young adults with completing their application process, and provide young adults with opportunities when possible to re-enter the program if he/she was removed from the program. All prospective participants who meet all eligibility requirements including referral by Fresno County are provided an application by the Fresno County ILP Social Workers who will assist or arrange for the young adults to complete an application. The application is designed to provide Fresno County and Aspiranet with necessary information to assist in the determination of the young adult's likelihood of success in the program and their current level of functioning and ability, the

type and amount of assistance that will be needed and determine the housing model that best meets their needs.

The Aspiranet Program Director will then work collaboratively with the young person, as well as ILP Social Workers, Probation officers and identified lifelong connections, potential host parents when applicable, in order to conduct a comprehensive interview with the young person. During the interview, the application is reviewed, questions are asked, and a home inspection is conducted if a host family is being considered. Following the interview, Aspiranet will consult with Fresno County ILP staff concerning the young person's strengths and needs as well as the status of the current Transitional Independent Plan (TILP). Aspiranet and Fresno County ILP staff will collaboratively determine whether to accept or reject the application. Application rejections will be in writing and include specific details supporting the decision to reject.

If it is determined the applicant meets the requirements of the program it is then determined whether the host family or Remote Site model will best meets their housing needs. The Aspiranet Program Director will schedule an orientation with the participant. During the meeting, the program and expectations are explained to ensure clear mutual expectations. The young adult also reviews and signs a copy of the participant application and contract. This contract details the rights and responsibilities of each party. The contract includes, but is not limited to: systems for payment of ongoing expenses such as utilities and telephone, an allowance to be provided to each participant to purchase food and other necessities, household furnishings and a policy on disposition of the furnishings when the participant completes the program, evaluation of the participant's progress and the process of reporting this progress to the Fresno County ILP program, linkage to job training through appropriate employment resources, and acknowledgement that Aspiranet will not discriminate based on race, gender, sexual orientation, or disability.

#### Housing Options:

The young person is informed of living options including Host Family model and Remote Site model, location of rentals and roommates, and will be invited to view rental units. Once there is mutual agreement regarding the location, arrangements will be finalized.

#### Services to program participants include:

1. Coordination with the Independent Living Skills Program to meet the goals outlined in the Transitional Independent Living Plan (TILP) - Transitional services are dependent on collaboration. Strong working relationships with Social Services, Education, Health Services, Probation, Mental Health, Host Parents and participants are critical. Recognition of the initial Transitional Independent Living Plan, continuation of previous services, ongoing resource and referral, and development of community support, volunteers, and mentors creates a supportive environment for young adults. It is not the intent of THP Plus to duplicate existing services. Aspiranet staff work closely with County ILP staff and coordinate the existing TILP with the completion of the TILP. The TILP will be completed within 2 weeks of entry into the Program by the Participant and the Life Coach and updated annually.

2. Case Management - The Life Coach will work with each participant to assist in the development and implementation of their plans, goals and ambitions to provide encouragement, motivation, support, tutoring and linkage to academic, vocational and support services. The Life Coach will provide mentoring and assistance in budgeting, identifying needed resources, and teaching independent living skills such as menu preparation, shopping, cooking, cleaning, grooming, job and college application, banking, identification of appropriate leisure activities and social supports, guidance related to roommate issues, dating, safe sex, birth control, substance use, and transportation and linkage to medical, mental health, and dental appointments and other necessary services. In addition the Life Coach assists with work skills, resume writing and job search.

The Program Director will work with each program participant individually as needed in addition to facilitating a monthly youth meeting to provide support and guidance and address ongoing or often more emergent or critical needs of participants. Such services assure appropriate linkage to whatever services the participants might need as well as to provide a safety net and guidance.

3. Housing Specialist Services - The Housing Specialist will assure that clean, affordable housing is available for participants and is responsible for maintaining the lease, housing records, conducting inspections, managing security deposits, developing and maintaining good relationships with landlords, collecting rents, managing participant stipends and serving as the tenant rights expert including guiding the young adults on being good tenants and avoiding eviction.

4. 24-Hour Crisis Intervention and Support - Aspiranet staff will work with all new participants to develop a safety plan identifying any current concerns about their safety. Safety plans are developed based on assessments and current observations and strategies and resources are identified in advance of any crisis situation. All participants have access to 24 hour on-call services 7 days a week, including access to an Aspiranet Social Worker after business hours to provide support and assistance in emergency situations. Participants are provided an emergency card with access instructions as well as verbal instruction regarding when and how to use the service. Staff are familiar with local mental health resources and will be able to link participants to mental health services as needed. Additional supportive emergency plans are established in writing for participants experiencing a crisis.

5. Individual and group therapy - Aspiranet's case management services include trauma-informed and evidenced-based practices to address current issues, relationships, and independent living needs of youth, provided by trained Life Coaches and a supervising Program Director. Services are provided both individually and in group settings on an ongoing basis. Referrals will be made for formal therapy services to local mental health Medi-Cal providers. The Life Coach will monitor that appointments are kept and maintained and provides ongoing education in regards to the importance of such services.

6. Educational Advocacy and support, including linkages to Foster Youth Services and Independent Living Skills Services with the goal of each youth obtaining a high school diploma, GED, or High School Proficiency prior to graduation from the program - Aspiranet staff will support

participants in attaining emotional and financial independence by program completion. The Life Coach will work closely with participants who have not completed a high school level of education to determine the appropriate avenue for them to reach this goal, be it pursuit of diploma or GED. The Life Coach will link the participants to services that will assist them in attaining a high school level of education.

7. Assistance to pursue college or other post-high-school training - Aspiranet will work closely with local institutions such as Fresno City College, CSU Fresno and the County Office of Education as well as vocational programs to facilitate exploration by participants of options open to them and to facilitate enrollment, financial assistance, tutoring or whatever other assistance can be provided.

8. Job readiness training and support including linkages to Workforce Investment Act (WIA) partners, On-Stop Centers, Mentor Programs, and other appropriate employment resources - All participants are required to complete job readiness training workshops on resumes, applications, and interviewing.

9. Mentoring - Mentoring includes support, reflection, active listening, gentle guidance and coaching. Linkage to formal Mentoring Programs is encouraged. Mentoring will continue at least 6 months after the participant graduates from the program. However, Aspiranet staff are available for participants to contact for assistance and resources any time after leaving the program. For those participants who are residing in the Host Family model, the host parents play a significant role as the young adult's mentor. The Life Coach meets as needed with the host parent to support their mentoring relationship with the young adult.

10. Services to build and support relationships with family and community Participants are assisted in supporting ongoing positive relationships with family, friends and significant adults in their lives as well as to develop new meaningful relationships. Aspiranet utilizes a best practice model, the Transitions Framework, to assist participants in maintaining and strengthening lasting relationships with caring and supportive family and adults. It is important to support young adult in reconnecting with family during their time in the program. With the guidance and support of their Life Coach, participants will receive assistance in navigating these often strained relationships.

11. Youth Subsidies - Aspiranet will pay host parents the monthly rental rate by the 10th of the following month. Payment will be made by check that is mailed directly to the host family's homes. Apartment leases are put in the participant's name and the Housing Specialist is responsible for making rent payments to the landlords. The Housing Specialist creates a statement for each participant showing their share of rent for the number of months they are eligible to remain in the program. Participants receive their statement along with a letter explaining the method of payments accepted, due dates, and policies for late penalties. Participants are budgeted to receive up to \$650 per month for rent.

For young adults residing in host family homes this rent will be paid by Aspiranet directly to the host parent(s). Young adults residing in the Remote Site model will have the option of obtaining

individual housing in an apartment, studio apartment, room rental, or sharing an apartment with another participant. If a participant's housing option costs more than the program budgeted rental subsidy the participant must demonstrate that they have the means to pay the difference prior to the rental plan being agreed upon and secured. Aspiranet will ensure that participants are in housing that the program can support or that the program and the participant can support. Participants begin paying \$50 in rent/an addition of \$50 in rent in their 4th month of the program and increase every 4th month by \$50. By the end of 24 months in the program, the participant is paying a minimum of \$350 a month in rent. By the end of the participant's 24 month period of time in the program, the goal is to have the participant's housing cost no more than 30% of the their gross income. The rent payments will be deposited into the participant's emancipation program, allowing for the young adult to have additional funds when they leave the program.

The Housing Specialist or Life Coach will assist the participants in setting up utilities in their name upon entrance into the program. Participants are expected to cover the cost of utilities. If they have no means to cover the cost of utilities the participants will be referred to agencies that can assist them with these costs. Aspiranet will pay up to \$50 per month in utilities should it be necessary for the participant. Utility assistance for clients will be determined per month based on participant need. The Life Coach works with participants to establish checking accounts, budgets, and calendars for paying their bills on time. Each participant is provided with \$100 per month for transportation. This money can be used in the form of bus passes or gas depending on the participant's circumstances. Each participant in the Remote Site model is also provided \$150 per month for groceries; \$100 per month for clothing and personal necessities which can include: telephone, cell phone, clothing, personal necessities, school supplies, furniture, or house supplies and a \$59.36 per month contingency for unexpected expenses. Host Model participants are provided the same allocations with the exception of a grocery or utility allocation and their contingency fund is slightly higher \$85 per month to allow saving for eventual deposit, furnishings and first month rent for when they move from their Host Family Home to a Remote- Site. These amounts are in addition to the \$650 monthly rent allocation and the required minimum amount of emancipation savings fund which is \$50 per month. Youth expenses total \$1157 for remote site participants and \$985 for host family participants. Any difference between these totals and what is provided for youth subsidies will be deposited in the youth's emancipation fund.

12. Aftercare services including support groups and referrals to community resources - Once a participant has completed the program they are considered "alumni participants" and have continued access to services from our Program Director, Life Coaches and Housing Specialist. They are free to contact any of the staff for support or assistance. Aspiranet hosts biannual opportunities for alumni to get together to share experiences and garnish and provide support. Alumni are invited to events planned for current participants, to attend monthly participant meetings, and encouraged to be speakers for events of current participants and community youth panels to share their experience both while in the program and upon graduation. If the needs of alumni are greater than needing occasional support and guidance, they are linked with available

community resources including mental health, substance abuse, vocational, public health, family planning, finances, educational, medical or any other areas of need they may have.

13. FDIC insured savings account for funds retained by the provider on behalf of the youth - All funds for the participants' emancipation savings accounts are held for them in FDIC insured savings accounts. These funds plus interest belong to the participant and are held for them until they graduate or otherwise exit from the program. These funds belong to the participant and will not be used to pay for any debt, damages or penalties. The intent of these funds is to assist the participant with emancipation beyond the period of their assistance in the THP Plus and THP Plus-PC program. Participants are also advised to keep their own funds in FDIC insured accounts and taught responsible banking. Aspiranet encourages participants to utilize local, easily accessible financial institutions which are FDIC insured.

14. Outcome and evaluation will continue for 2 years following graduation by maintaining contact with alumni and having the Life Coach collect appropriate data for reporting.

15. Additional Services: Aspiranet's commitment to participants goes beyond the aforementioned statutorily required services. Aspiranet strongly believes in a "Whatever it Takes" approach. Our goal is for each participant to succeed in the program. Anticipated additional services include but are not limited to the following: Life skills training; roommate mediation; economic literacy training; transportation assistance; public benefits advocacy to the extent they are needed and do not create an unhealthy dependency; moving assistance, furnishing assistance; housing advocacy and tenancy training; dating; interpersonal relationships; safe sex; voting; promoting friendly neighbor experiences and "Whatever else" a participant needs to be successful in the program.

## Outcomes

Annual goals will be the following:

Goal 1: The THP Plus program will assist emancipated foster youth to secure stable housing.

- Measure 1: 75% of THP Plus enrolled participants will successfully maintain their THP Plus enrolled status.
- Measure 2: 75% of the participants exiting THP Plus will secure and maintain housing for at least one year.

Goal 2: The THP Plus program will increase the employability of emancipated foster youth.

- Measure 1: Of the youth not employed or attending an accredited college by the third month of the program, 75% will obtain employment or enter into a vocational training program or internship within six months of entering the program.

Goal 3: The THP Plus program will encourage emancipated young adults to further their educational goals.

- Measure 1: 90% of participants will obtain their high school diploma or equivalent by the time they exit the program.
- Measure 2: Of participants not employed by the third month of the program, 75% will be enrolled in an accredited college or 4-year educational institution or trade or technical school and will successfully attend for at least 6 months.

Goal 4: The THP Plus program will assist emancipated young adults in learning life skills necessary for self-sufficiency.

- Measure 1: 90% of participants will develop a realistic budget for living expenses and live within the established budget within the 3rd month of program participation.

Goal 5: The THP Plus program will assist emancipated young adults in establishing supportive relationships with identified lifelong connections.

- Measure 1: 90% of participants will identify relationships which will provide long term supportive connections.

Aspiranet will utilize the Ansell-Casey Life Skills Assessment administered within 30 days of starting the program. Participants will receive satisfaction surveys via mail and a stamped self-addressed return envelope will be included to allow anonymity. At least 15 days prior to exiting the program, every youth shall be assisted in completing an Efforts to Outcomes assessment or a similar survey as determined by COUNTY. COUNTY reserves the right to substitute the above named assessments with other assessments/surveys should the need arise.

Additionally, demographic data on the program and program participants will be provided in the form of quarterly reports to Fresno County.

## II. TRANSITIONAL HOUSING PROGRAM PLUS FOSTER CARE (THP PLUS FC) SERVICES

### Summary of Services

Aspiranet will provide Fresno County with a comprehensive Transitional Housing Program Plus Foster Care (THP Plus FC) to serve Non-Minor Dependent (NMD) young adults from 18-21 years of age needing assistance with housing, employment, education and life skills for successful transition into adulthood. Aspiranet's THP Plus FC Plan of Operation is approved by Community Care Licensing and includes providing the most appropriate housing for a young adult based on their specific needs, assistance with life skills to manage daily social interactions, community involvement, job readiness, advancing and accessing secondary education and continued skills for living with independence and stability.

Aspiranet will provide housing and services to 40 young adults (at any given time) subject to both fiscal and program changes throughout the duration of the contract. Aspiranet anticipates services for 28 Remote Site placements and 12 Host Family placements. The number of participants estimated by housing type is only an estimate, and the percentage of Remote Site slots to Host slots will be revisited throughout the contract period to accurately reflect the needs of the target population in Fresno County. Aspiranet will strive to serve 40 participants total in the most suitable living situation be that Host or Site based. Aspiranet will not discriminate based on race, gender, sexual orientation or disability.

Aspiranet will utilize both the Host Family Model and the Remote Site Model. Participants who select to reside in the Host family model will live in a family setting with a relative, current or former foster family, or other consistent caring adult who has been screened and approved by Fresno County and Aspiranet. Youth will be assessed based on appropriateness and need to determine placement type. Young people who select to reside in the Host-Site model will reside in a leased apartment/home, located in various areas throughout the community. Remote Site model allows participants to be integrated into the community and stimulates independence while supportive services are provided. When locating housing for the participants, Aspiranet takes into consideration the access to central bus routes and convenient location close to shopping, school, and other services.

Staffing for this program will include: TAY Division Director - .10 FTE; TAY Core Program Director I .60 FTE; Fresno Core Program Director II .10 FTE; 1.0 FTE Program Supervisor; 1.0 FTE Housing Specialist, 1.0 FTE Employment Specialist; .40 FTE Youth Ambassador; 1.0 FTE Administrative Assistant and - 3.5 FTE Life Coaches for a Total of 8.70 FTE. All staff will have received specific THP Plus FC training. Staff will be required to pass a criminal background check and adhere to a drug free workplace policies.

Service Components Collaboration:

Transitional services are dependent on collaboration. Our partners in the program include the County ILP, Social Services and Probation Social Workers. Services are closely coordinated with each of these individuals from time of referral, screening, assessment, and through all phases of the program. Other partners include the landlords of identified apartment complexes, donors to the program who are committed to Aspiranet on a statewide basis and community agencies that Aspiranet has working relationships with.

Program Service Delivery:

The Aspiranet THP Plus Foster Care program provides a comprehensive set of services. Participants will reside in either the Host family model or the Remote Site model. Aspiranet ensures that each participant has clean and affordable housing that is in good repair and furnished appropriately. Young adults are assisted with tenant rights and responsibilities and have access to our Housing Specialist related to their housing needs or concerns.

Referral and Screening Process:

Referrals to the THP Plus FC Program are initiated by but not limited to the ILP coordinator, social worker, probation officer, community-based organization or self-referral. All referrals will be directed to the Fresno County Independent Living Program Social Worker who will determine the young persons' eligibility for referral to the program. They will discuss with the potential participant their strengths and needs as they relate to the Program. If the participant wishes to proceed, a referral will be made to the Program provider. The Program provider will assist prospective participants with completing the application process, and provide them with opportunities when possible to re-enter the program if he/she was removed from the program. All prospective participants who meet eligibility requirements including referral by Fresno County are provided an application by the Fresno County ILP Social Workers who will assist or arrange for the young adults to complete an application. The application is designed to provide Fresno County and Aspiranet with necessary information to assist in the determination of the young adult's likelihood of success in the program and their current level of functioning and ability, the type and amount of assistance that will be needed and determine the housing model that best meets their needs. The Aspiranet Program Supervisor will then work collaboratively with the young person, as well as ILP Social Workers, probation officers and identified lifelong connections, and potential host parents when applicable, in order to conduct a comprehensive interview with the young person. During the interview, the application is reviewed, questions are asked, and a home inspection is conducted if a host family is being considered. Following the interview, Aspiranet consults with Fresno County ILP staff concerning the young person's strengths and needs as well as the status of the current Transitional Independent Living Plan (TILP). Finally, Aspiranet and Fresno County ILP staff collaboratively determine to accept or reject the application. Application rejections are in writing and include specific details supporting the decision to reject.

If it is decided that the applicant meets the requirements of the program, it is determined whether the host family or Remote Site model will best meets their housing needs. The Aspiranet Program Supervisor will schedule an orientation with the young person. During this meeting, the program and expectations are explained to ensure clear mutual expectations. The young adult also reviews

and signs a copy of the participant application and contract. This contract details the rights and responsibilities of each party. The contract includes, but is not limited to: systems for payment of ongoing expenses such as utilities and telephone, an allowance to be provided to each participant to purchase food and other necessities, household furnishings and a policy on disposition of the furnishings when the participant completes the program, evaluation of the participant's progress and the process of reporting this progress to the Fresno County ILP program, linkage to job training through appropriate employment resources, and acknowledgement that Aspiranet will not discriminate based on race, gender, sexual orientation, or disability.

Housing Options:

The young person is informed of living options including Host Family model and Remote Site model, location of rentals and roommates, and will be invited to view rental units. Once there is mutual agreement regarding the identified location of where the participant will be residing, arrangements will be finalized.

Services to program participants include:

1. Coordination with the Independent Living Skills Program to meet the goals outlined in the Transitional Independent Living Plan (TILP) - Transitional services are dependent on collaboration. Strong working relationships with social services, education, health services, probation, mental health, host parents and participants are critical. Recognition of the initial Transitional Independent Living Plan (TILP) and Shared Living Agreement, continuation of previous services, ongoing resource and referral, and development of community support, volunteers, and mentors creates a supportive environment for young adults. It is not the intent of THP Plus FC to duplicate existing services. It is our expectation that Aspiranet staff work closely with County ILP staff and coordinate the existing plan with the completion of the TILP. The TILP will be completed within 2 weeks of entry into the Program by the participant and the Life Coach and updated every six months. The participant's signed consent will be required before any information is shared with an outside party.

2. Case Management The Program Supervisor, Life Coaches, Youth Ambassador and Housing Specialist provide the day-to-day functions of the program, and are available to assist participants with all of their needs.

The Life Coach spends time with each participant to assist in the development and implementation of their plans, goals and ambitions and to provide encouragement, motivation, support, tutoring and linkage to academic, vocational and support services. Each Life Coach will have no more than 12 youth on their caseload. The Life Coach provides mentoring and assistance in budgeting, identifying needed resources, and teaching independent living skills such as menu preparation, shopping, cooking, cleaning, grooming, job and college application, banking, identification of appropriate leisure activities and social supports, guidance related to roommate issues, dating, safe sex, birth control, substance use, transportation, linkage to medical, mental health, and dental appointments and other necessary services. In addition the Life Coach assists with work skills, resume writing and job search.

The Housing Specialist will be responsible for securing, furnishing and supporting participants in maintaining housing. Additionally, the Housing Specialist maintains all aspects related to accounts receivable and accounts payable related to housing, allowances and program accountability both data and fiscal.

The Program Supervisor spends time individually with each program participant as needed in addition to facilitating a monthly participant meeting to provide support and guidance and address ongoing or often more emergent or critical needs of participants. Such services assure appropriate linkage to whatever services the participants might need as well as to provide a safety net and guidance.

The Youth Ambassador is a former foster youth who provides advocacy, education, and support to participants, as well as represents our participants and program in the community. The Youth Ambassador is available to assist Life Coaches in reinforcing the benefits that youth receive in our program, and communicating with participants in a way which is highly relatable and well-received as a peer to participants. Additionally, the Youth Ambassador will participate in community outreach to ensure support for the program, including volunteer acquisition to support youth needs. Youth Ambassadors are also critical in maintaining the voice of young people when determining program needs and improvements. Each participant will have at least three monthly face-to-face contacts with program staff with at least two meetings occurring on site where the participant is residing. Other contacts occur at the Aspiranet office and in the community.

3. 24-Hour Crisis Intervention and Support - Aspiranet staff work with all new participants to develop a safety plan identifying any current concerns about their safety. Safety plans are developed based on intake assessments and current observations and strategies and resources are identified in advance of any crisis situation. All participants have access to 24 hour on-call services 7 days a week, including access to an Aspiranet Social Worker after business hours to provide support and assistance in emergency situations. Participants are provided an emergency card with access instructions as well as verbal instruction regarding when and how to use the service. All staff are familiar with local mental health resources and will be able to link participants to mental health services as needed. Additional supportive emergency plans are established in writing for participants experiencing a crisis.

4. Individual and group therapy Aspiranet's case management services include trauma-informed and evidenced-based practices to address current issues, relationships, and independent living needs of youth, provided by trained Life Coaches and a Program Supervisor. Services are provided both individually and in group settings on an ongoing basis. Referrals will be made for formal therapy services to local mental health Medi-Cal providers. The Life Coach will monitor that appointments are kept and maintained and provides ongoing education in regards to the importance of such services.

5. Transportation - Life Coaches are charged with the responsibility of identifying needed services for participants and linking them with those services. This includes assisting them with locating and negotiating initial appointments, arranging or providing transportation and following

up with the participant and/or service to make sure the connection occurred. All living arrangements are selected to be located near easily accessible public transportation or walking distance to most services. As an existing provider of THP Plus FC services in the area, our Life Coaches have existing relationships with other service providers, creating more seamless referrals and less frustration for clients. Each participant has funds set aside in their budget for transportation costs for situations when it is appropriate for the participant to transport themselves.

6. Educational advocacy and support - Aspiranet's goal for the program is to support participants in attaining emotional and financial independence by program completion. The Life Coach works closely with participants who have not completed a high school level of education to determine the appropriate avenue for them to reach this goal, be it pursuit of diploma or GED. The Life Coach links the participants to services that will assist them in attaining a high school level of education. For youth pursuing college or trade school opportunities, Aspiranet works closely with local institutions such as Fresno City College, CSU Fresno and the County Office of Education as well as vocational programs to facilitate exploration by our participants of the options open to them and to facilitate enrollment, financial assistance, tutoring or whatever other assistance can be provided.

7. Job readiness training and support including linkages to Workforce Investment Act (WIA) partners, On-Stop Centers, Mentor Programs, and other appropriate employment resources -Aspiranet utilizes an in-house Employment Specialist whose focus is on providing the extra attention to youth, both individually and in groups, in order to promote job readiness and support for securing employment. The Employment Specialist is also responsible for developing and maintaining community relations with potential employers. Additionally, Aspiranet has secured relationships with employment specialists within the communities that our participants reside. All participants are required to complete job readiness training workshops on resumes, applications, and interviewing. Youth are referred and introduced to local career centers for the purpose of an assessment of job skill levels; job search and placement assistance; assistance with employment retention; exposure to the work environment; and training and mentoring. Aspiranet Life Coaches are familiar with the specific services the career centers offer and have developed professional collaborative relationships with center's job developers.

8. Services to build and support relationships with family and community- Participants are encouraged and assisted in supporting ongoing positive relationships with family, friends and significant adults in their lives as well as to develop new meaningful relationships. Aspiranet has a strong focus on lifelong connections. Aspiranet recognizes that young adults with lifelong connections are more successful in THP Plus FC programs and beyond. Aspiranet utilizes a best practice model, the Transitions Framework, to assist participants in maintaining and strengthening lasting relationships with caring and supportive family and adults. It is especially important to support young adults in reconnecting with family during their time in the program. With the guidance and support of their Life Coach, participants can receive assistance in navigating these often strained relationships.

9. Youth Subsidies - Aspiranet will pay host families the monthly rental rate by the 10<sup>th</sup> of the following month. For young adults residing in host family homes, this rent will be paid by Aspiranet directly to the host parent(s). Young adults residing in the Remote Site model will

have the option of obtaining individual housing, up to \$700 per participant, in an apartment, studio apartment, room rental, or sharing an apartment with another participant. Apartment leases are kept in Aspiranet's name and the Housing Specialist is responsible for making rent payments to the landlords. Rental subsidies for young adults residing in the Host Family model will be \$600 per participant per month and paid to the host family. If a participant's housing option costs more than the program budgeted rental subsidy, the participant must demonstrate that they have the means to pay the difference prior to the rental plan being agreed upon and secured. Aspiranet will ensure that participants are in affordable housing. It is important to locate housing that the youth can maintain independently or with a roommate upon program completion. For this reason, many youth are encouraged to reside with a roommate which is a more typical setting for young people first on their own. Upon program completion, the goal is to have the participant's housing cost no more than 30% of their gross income.

In order to support self-sufficiency, Aspiranet has a graduated system for participants to contribute to their monthly rental expense. All participant rental contributions are placed in the participant's emancipation savings account, allowing the young adult to have additional funds for future planning upon program completion. The Housing Specialist is responsible for collecting youth monthly share of rent for deposit in savings accounts. Participants will be informed of the share of rent scale as part of their initial interview and orientation to program benefits and responsibilities. Life Coaches will work with youth on a monthly basis to incorporate share of rent into monthly budgeting for expenses. In the event that a youth is unable to pay their rent for the month, they will work with the Life Coach and Housing Specialist to provide proof of community volunteer hours, with every 4 volunteer hours earned and verified being exchanged for a \$25 "credit" towards waiving rent. Youth are eligible to receive monthly financial assistance for utilities, food, and personal necessities. All participants receive \$100 per month allowance for clothing and personal necessities which can include: telephone, cell phone, and school supplies; \$75 per month for transportation (\$50 for Host), which can facilitate purchase of bus passes or gas depending on the participant's circumstances; and up to \$63/month contingency for unexpected expenses. Host Model participants receive a lower contingency amount of up to \$13/month. The proposed budget additionally allows remote site participants \$250 per month for groceries and Host model participants up to \$150. For remote site participants, \$100 per month is designated for furniture or household supplies and \$100 per month for utilities. The Housing Specialist or Life Coach will assist the participants in setting up utilities in their name upon entrance into the program.

The Housing Specialist and Program Supervisor will insure that each housing site is adequately outfitted for the participant. Children of parenting youth will also be assessed for furnishing needs and safety supplies to child-proof apartments.

10. Assistance maintaining housing upon completion of the program - Aspiranet's Housing Specialist assures that clean, affordable housing is available for participants and is responsible for maintaining the lease, housing records, conducting inspections, managing security deposits, developing and maintaining good relationships with landlords, collecting rents, managing participant stipends and serving as the tenant rights expert including guiding the young adults on being good tenants and avoiding eviction. The Housing Specialist will also develop relationships with property managers and help youth secure rental leases upon exit of the program so that they

may maintain their housing. Some participants may choose to maintain their current apartment which is encouraged when appropriate.

Aftercare services including support groups and referrals to community resources - Once the participant has completed the program they are automatically considered "alumni participants" and have continued access to services from our Program Supervisor, Life Coaches, Youth Ambassador, Employment Specialist and Housing Specialist. Although they will no longer have regularly scheduled services, they are free to contact any of the staff for support or assistance. As our program has matured Aspiranet has regular biannual opportunities for alumni to get together to share experiences and provide support. Alumni are invited to events planned for current participants, to attend monthly participant meetings, and encouraged to be speakers for events of current participants and community youth panels to share their experience both while in the program and upon graduation. Aspiranet has a commitment to our alumni who Aspiranet sees as being inspirational to current participants and staff. When the needs of alumni are greater than needing occasional support and guidance, Aspiranet links them with available community resources including mental health, substance abuse, vocational, public health, family planning, finances, educational, medical or any other areas of need they may have.

**Additional Services:** Aspiranet's commitment to participants goes beyond the aforementioned statutorily required services. Aspiranet strongly believes in a "Whatever it Takes" approach. Our goal is for each participant to succeed in the program. Anticipated additional services include but are not limited to the following: Life skills training; roommate mediation; economic literacy training; transportation assistance; public benefits advocacy to the extent they are needed and do not create an unhealthy dependency; moving assistance, furnishing assistance; housing advocacy and tenancy training; dating; interpersonal relationships; safe sex; voting; promoting friendly neighbor experiences and "whatever else" a participant needs to be successful in the program.

## Outcomes

Annual goals will be the following:

Goal 1: The THP Plus FC program will assist participants to secure stable housing.

- Measure 1: Annually 75% of THP Plus FC enrolled participants will successfully maintain their THP Plus FC enrolled status.

Goal 2: The THP Plus FC program will increase the employability of participants.

- Measure 1: Of the youth not employed or attending an accredited college by the third month of the program, 75% will obtain employment or enter into a vocational training program or internship within six months of entering the program. Aspiranet will track participants employment hours, wages, and type of work.

Goal 3: The THP Plus FC program will encourage participants to obtain their high school diploma, GED or otherwise further their educational goals.

- Measure 1: Of participants who do not possess their HSD/GED, 90% will obtain their high school diploma or equivalent by the time they exit the program.
- Measure 2: Of participants not employed by the third month of the program, 75% will be enrolled in an accredited college or 2-year educational institution or trade or technical school and will successfully attend for at least 6 months or will be enrolled in a program to help remove barriers to employment or education (AOD treatment, mental health treatment, job readiness, etc.)

Goal 4: The THP Plus FC program will assist participants in learning life skills necessary for self-sufficiency.

- Measure 1: 90% of participants will develop a realistic budget for living expenses and live within the established budget within the 3rd month of program participation.

Aspiranet will utilize the Ansell-Casey Life Skills Assessment administered within the first 30 days of entry into the program, and every 6 months throughout program participation. Client satisfaction is measured annually by the participant, family, and referring party. Confidential questionnaires are provided, collected, and evaluated. Information provided is utilized to celebrate success and plan program improvements.

Data collected is related to program goals and will be reported to Fresno County every 6 months. These measures will be compiled quarterly and annually. Additionally, follow-up assessments of participants will be completed in a similar manner for a minimum of two years following program exit.

### III. FUP CASE MANAGEMENT SERVICES - YOUTH

#### Summary of Services

##### Program Delivery

Aspiranet will provide a comprehensive set of services to FUP youth. Aspiranet will ensure that the FUP young adults are assisted with learning to become self-sufficient and independent. Aspiranet will collaborate with other community agencies in ensuring that the youth are given referrals for services and aware of the community resources that are available to them.

##### Coordination with ILP

The Aspiranet Life Coaches will work collaboratively with the ILP Social Workers, office staff, community agencies, and the youth's permanent connections to create a supportive environment for the FUP youth. The Aspiranet Life Coaches will work together with the FUP young adults in completing TILPs, John Burton Surveys, and Satisfaction surveys. The Life Coaches will also work with the youth in referring to ILP activities and classes. They will also work with the FUP youth in creating, implementing and accomplishing goals in the area of education, employment, self-esteem, and public-esteem.

##### Case Management

A Life Coach will have contact with the FUP youth at least two times a month. One of the contacts will be face to face contact with the youth in the youth's home at least one time a month. The second contact may be a conversation with the youth through the telephone call, email, and/or text. These contacts will assist the youth with the development and implementation of plans, goals, and ambitions. The Life Coaches will also provide encouragement, motivation, support, and linkages to academic and vocational services and community referrals. The Life Coach will provide mentoring and assistance in budgeting, identifying resources, and teach independent skills.

##### Educational Advocacy & Support

The Life Coaches will support participants in attaining emotional and financial independence by program completion. The Life Coach will work closely with participants who have not completed a high school level of education to determine the appropriate avenue for them to reach this goal, be it pursuit of diploma or GED. The Life Coach will link the participants to services that will assist them in attaining at least a high school level of education.

##### Assistance to pursue college or other post-high-school training

Aspiranet Life Coaches will work closely with local institutions such as Fresno City College, CSU Fresno and the County Office of Education as well as vocational programs to facilitate exploration

by participants of options open to them and to facilitate enrollment, financial assistance, tutoring or whatever other assistance can be provided.

Job readiness training and support including linkages to Workforce Investment Act (WIA) partners, On-Stop Centers, Mentor Programs, and other appropriate employment resources

All participants are required to complete job readiness training workshops/classes on resumes, applications, and interviewing. An Employment Specialist will be available to run sessions on a variety of employment topics such as appropriate work clothing, language, and etiquette, obtaining and maintaining employment, and development skills in the areas of team work, socialization, and communication. The Employment Specialist will work collaboratively with the ILP Employment Specialist to coordinate monthly meetings on education and employment.

Mentoring

Life Coaches will provide mentoring through support, reflection, active listening, gentle guidance and coaching. Linkage to formal Mentoring Programs is encouraged.

Services to build and support relationships

Participants are assisted in supporting ongoing positive relationships with family, friends, and significant adults in their lives as well as to develop new meaningful relationships. Aspiranet utilizes a best proactive model, the Transitions Framework, to assist participants in maintain and strengthening lasting relationships with caring and supportive family and adults.

Frequency of services

Case Management Services - to occur at least 2 times a month one contact will be one face to face contact in the home and the second contact may be a text, email, and telephone conversation.

Employment Specialist to offer employment related services on a weekly basis. The Employment Specialist will work in conjunction with the County ILP Social Workers and Employment Specialist staff to coordinate monthly meetings on education and employment. Aspiranet may only offer one class a quarter if Fresno County has others Aspiranet can partner with.

Educational Meetings to occur on a monthly basis and focus on, socialization skills, communication, education, domestic violence, tenant laws, Understanding your rental lease, Planned Parenthood issues, safe sex, health care, basic skills, support group, cooking classes, and community resources, etc.

### Additional Services

Aspiranet will also provide the following services to FUP-eligible youth:

1. Basic life skills information/counseling on money management, use of credit, parenting, healthy relationships, housekeeping, proper nutrition/meal preparation; and access to health care (e.g., doctors, medication, and mental and behavioral health services).
2. Housing search assistance including pre-move and post-move counseling. Housing assistance will focus on placing youth in low-poverty census tracts.
3. Counseling on compliance with rental lease requirements and with FUP Housing Choice Voucher program participant requirements, including assistance/referrals for assistance on security deposits, utility hook-up fees, and utility deposits.
4. Providing such assurances to owners of rental property as are reasonable and necessary to assist a FUP-eligible youth to rent a unit with a FUP voucher.
5. Job preparation and attainment counseling (where to look/how to apply, dress, grooming, relationships with supervisory personnel, etc.).
6. Educational and career advancement counseling regarding attainment of general equivalency diploma (GED); attendance/financing of education at a technical school, trade school or college; including successful work ethic and attitude models.
7. Participation of FUP-eligible youths in the assessment and implementation of actions to address their needs, including the development of an individual case plan on each youth for services to be received and the youth's commitment to the plan (youth required to sign a service plan agreeing to attend counseling/training sessions and to take other actions as deemed appropriate to the youth's successful transition to self-sufficiency).
8. All of the above services will be provided for a period of at least 18 months or through the end of the contract period.

## Outcomes

Annual goals will be the following:

Goal 1: The FUP program will assist emancipated foster youth to secure stable housing.

- Measure 1: 75% of FUP emailed participants will successfully maintain their FUP enrolled status.
- Measure 2: 75% of the participants exiting the FUP program will maintain housing upon completion of the program.

Goal 2: The FUP program will increase the employability of emancipated foster youth.

- Measure 1: Of the youth not employed or attending an accredited college by the third month of the program, 75% will obtain employment or enter into a vocational training program, internship, or High School Diploma/GED program within six months of entering the program.

Goal 3: The FUP program will encourage emancipated young adults to further their educational goals.

- Measure 1: 90% of participants will obtain their high school diploma or equivalent by the time they exit the program.
- Measure 2: Of participants not employed by the third month of the program, 75% will be enrolled in an accredited college or 4-year educational institution or trade or technical school and will successfully attend for at least 6 months.

Goal 4: The FUP program will assist emancipated young adults in learning life skills necessary for self-sufficiency.

- Measure 1: 90% of participants will develop a realistic budget for living expenses and live within the established budget within the 3rd month of program participation.
- Measure 2: 75% of participants will have and/or developed a plan to have basic household furnishings, phone access, and basic amenities received through community resources/referrals initiated by their life coaches within 3 months of entering the program.

Goal 5: The FUP program will assist emancipated young adults in establishing supportive relationships with identified lifelong connections.

- Measure 1: 90% of participants will identify relationships which will provide long term supportive connections.

#### IV. FUP CASE MANAGEMENT SERVICES - FAMILIES

##### Summary of Services

##### Program Delivery

Aspiranet will provide a comprehensive set of services for up to 20 FUP Families per year. Each FUP-eligible family will have at least one member who is between the ages of 18-24. It is anticipated that there will be 1-3 FUP-eligible families in need of case management services on a monthly basis. Case management services will generally last for up to six months. A maximum of 10 families will be served at any point in time. FUP families will be assisted with securing housing and supportive services in an effort to avoid out-of-home placement of the family's child or children, and to promote the discharge of the child or children to the family from out-of-home care. Aspiranet will provide case management services focusing on housing stability and self-sufficiency, and collaborate with other community agencies in ensuring that the FUP families are aware of the community resources that are available to them and receive referrals for community services as indicated.

##### Coordination with DSS

Only families referred by DSS will be accepted into the program. Aspiranet program staff will work collaboratively with the designated DSS staff, community agencies, and the FUP families to provide resources and services in support of housing stability and self-sufficiency.

##### Case Management

The Aspiranet Life Coach, Program Supervisor, Housing Specialist, and Employment/Educational Specialist will work together with the FUP families in creating a case plan designed to prepare families for self-sufficiency. The Housing Specialist and Program Supervisor will assist FUP families in finding appropriate housing utilizing the Housing Choice Voucher (formerly known as Section 8) issued by the Fresno Housing Authority. Aspiranet case management staff will have contact with the FUP Family at least two times a month. One of the contacts will be face to face contact with the family in the family's home at least one time a month. The second contact may be a conversation with the family through the telephone call, email, and/or text. These contacts will assist the family with the development and implementation of plans, goals, and ambitions. Aspiranet program staff will also provide encouragement, motivation, support, and linkages to academic and vocational services and community referrals. FUP program staff will provide mentoring and assistance in budgeting, identifying resources, and teach independent skills. FUP program staff will also work with the FUP families to participate in one employment class per month and one education class per month.

### Educational Advocacy & Support

Aspiranet program staff will support participants in attaining educational and career advancement counseling. The Educational Specialist and other case management staff will work closely with participants who have not completed a high school level of education to determine the appropriate avenue for them to reach this goal, be it pursuit of diploma or GED. The Educational Specialist and Life Coach will link the participants to services that will assist them in attaining at least a high school level of education.

### Assistance to pursue college or other post-high-school training

Aspiranet program staff will work closely with local institutions such as Fresno City College, CSU Fresno and the County Office of Education as well as vocational programs to facilitate exploration by participants of options open to them and to facilitate enrollment, financial assistance, tutoring or whatever other assistance can be provided.

### Job readiness training and support including linkages to Workforce Investment Act (WIA) partners, On-Stop Centers, Mentor Programs, and other appropriate employment resources

All participants are required to complete job readiness training workshops/classes on resumes, applications, and interviewing. An Employment Specialist will be available to run sessions on a variety of employment topics such as appropriate work clothing, language, and etiquette, obtaining and maintaining employment, and development skills in the areas of team work, socialization, and communication. The Employment Specialist will work collaboratively with the ILP Employment Specialist to coordinate monthly meetings on education and employment.

### Mentoring

Aspiranet program staff will provide mentoring through support, reflection, active listening, gentle guidance and coaching. Linkage to formal Mentoring Programs is encouraged.

### Services to build and support relationships

Participants are assisted in supporting ongoing positive relationships with family, friends, and other significant adults in their lives as well as to develop new meaningful relationships. Aspiranet utilizes a best proactive model, the Transitions Framework, to assist participants in maintain and strengthening lasting relationships with caring and supportive family and adults.

### Frequency of services

Case Management Services - to occur at least 2 times a month one contact will be one face-to- face contact in the home and the second contact may be a text, email, and telephone conversation.

Employment Specialist - to offer employment related services on a weekly basis. The Employment Specialist will work in conjunction with the County ILP Social Workers and Employment Specialist staff to coordinate monthly meetings on education and employment. Aspiranet may only offer one class a quarter if Fresno County has others with which to partner.

Educational Meetings - to occur on a monthly basis and focus on, socialization skills, communication, education, domestic violence, tenant laws, Understanding your rental lease.

Aspiranet Agreement: THP Plus, THP Plus FC, FUP Case Mgmt. Services Exhibit A

Planned Parenthood issues, safe sex, health care, basic skills, support group, cooking classes, and community resources, etc.

### Additional Services

Aspiranet will also provide the following services to FUP-eligible families:

Basic life skills information/counseling on money management, use of credit, parenting, healthy relationships, housekeeping, proper nutrition/meal preparation; and access to health care (e.g., doctors, medication, and mental and behavioral health services).

Housing search assistance including pre-move and post-move counseling. Housing assistance will focus on placing youth in low-poverty census tracts.

Counseling on compliance with rental lease requirements and with FUP Housing Choice Voucher program participant requirements, including assistance/referrals for assistance on security deposits, utility hook-up fees, and utility deposits.

Providing such assurances to owners of rental property as are reasonable and necessary to assist FUP-eligible families to rent a unit with a FUP voucher.

Job preparation and attainment counseling (where to look/how to apply, dress, grooming, relationships with supervisory personnel, etc.).

Educational and career advancement counseling regarding attainment of general equivalency diploma (GED); attendance/financing of education at a technical school, trade school or college; including successful work ethic and attitude models.

Participation of FUP-eligible families in the assessment and implementation of actions to address their needs, including the development of an individual case plan on each youth for services to be received and the family's commitment to the plan (participants required to sign a service plan agreeing to attend counseling/training sessions and to take other actions as deemed appropriate to the family's successful transition to self-sufficiency).

All of the above services will be provided for a period of up to six months or through the end of the contract period.

## Outcomes

Annual goals will be the following:

Goal 1: Aspiranet will assist families in securing stable housing.

- Measure 1: 100% of families participating in FUP will be housed within 60 days of referral to the vendor.

Goal 2: Aspiranet will increase the employability of families.

- Measure 1: Of the parents not employed or attending an accredited college by the third month of the program, 75% will obtain employment or enter into a vocational training

Goal 3: Aspiranet will encourage parents to further their educational goals.

- Measure 1: 90% of participants will obtain their high school diploma or equivalent by the time they exit the program.

Goal 4: Aspiranet will assist families in learning life skills necessary for self-sufficiency.

- Measure 1: 90% of participants will develop a realistic budget for living expenses and live within the established budget within the 3<sup>rd</sup> month of program participation.
- Measure 2: 75% of participants will have developed a plan to have basic household furnishings, phone access, and basic amenities within 3 months of entering the program.

**Aspiranet Agreement: THP Plus, THP Plus Foster Care, and  
FUP Case Management Services**

**THP Plus Rates Budget Summary**

For the Period of January 1, 2015 - December 31, 2017

Maximum Cost per Month per Youth

<u>Remote Site Model</u>	<u>Host Family Model</u>
\$2,397	\$2,200

The above rate includes a portion of administrative costs and the following monthly direct youth expenditures:

	Remote Site Youth Allowance	Host Family Youth Allowance
Rental Subsidy	\$650	\$650
Emancipation Fund	\$50	\$50
Grocery Vouchers	\$150	\$0
Utility Assistance	\$50	\$0
Transportation	\$100	\$100
Clothing Personal	\$100	\$100
Contingency Expenses	\$59	\$86

For the Period of January 1, 2018 - December 31, 2019

Maximum Cost per Month per Youth

<u>Remote Site Model</u>	<u>Host Family Model</u>
\$2,443	\$2,039

The above rate includes a portion of administrative costs and the following monthly direct youth expenditures:

	Remote Site Youth Allowance	Host Family Youth Allowance
Rental Subsidy	\$700	\$500
Youth Stipend	\$350	\$200
Utility Assistance	\$50	\$0
Contingency	\$59	\$86

Emancipation Fund	\$50	\$50
Furniture/Miscellaneous	\$834	\$834

Total: 18 slots fee-for-service

Maximum THP Plus Compensation per 12 month Period with 14 Remote Site and 4 Host Family Site Slots: \$508,296.

**THP Plus Foster Care Budget Summary**  
**Maximum Cost per Month per Youth**

<u>Remote Site Model</u>	<u>Host Family Model</u>
\$2,933	\$2,334

The above rate includes a portion of administrative costs and the following monthly direct youth expenditures:

	Remote Site Youth Allowance	Host Family Youth Allowance
Rental Subsidy	\$700	\$600
Emancipation Fund	\$50	\$50
Grocery Vouchers	\$250	\$150
Utility Assistance	\$50	\$0
Transportation	\$100	\$50
Clothing Personal	\$100	\$100
Furniture/Household Supplies	\$100	\$0
Contingency Expenses	\$63	\$13

Total: 40 slots fee-for-service

Compensation for this service component is paid as a foster care placement rate. Foster Care services are paid directly by the State and DSS will only determine eligibility for placement which will be limited to Aspiranet and/or Department approved subcontractor per this Agreement. Foster care placement rates for the THP Plus Foster Care placement type are governed by the California Department of Social Services and adjusted annually based on the California Necessities Index (CNI). The maximum number of placements made under this Agreement will be 40 maximum slots contracted with approximately 28 Remote Sites and 12 Host Family Sites.

**FUP Case Management**

Maximum Cost per Month per Youth

Remote Site Model

\$508.00

Total: 30 slots fee-for-service

Maximum FUP Case Management-Youth Compensation per 12 Month Period: \$182,880

Maximum Cost per Month per Family

Remote Site Model

\$508.00

Total: 10 slots fee-for-service

Maximum FUP Case Management-Families Compensation per 12 Month Period: \$60,960

**Budget Summary**

Program	Maximum Annual Cost	Maximum 5 Year Cost
THP Plus	\$508,296	\$2,541,480
FUP Case Management-Youth	\$182,880	\$914,400
FUP Case Management-Families	\$60,960	\$304,800
Total	\$752,136	\$3,760,680

Services for THP Plus, FUP Case Management-Youth and FUP Case Management-Families will be paid on a fee-for-service and prorated basis. The maximum total compensation for THP Plus, FUP Case Management-Youth and FUP Case Management-Families will be \$752,136.00 per 12-month period. The maximum five-year total compensation for THP Plus, FUP Case Management-Youth and FUP Case Management-Families will be \$3,760,680.