1	<b>BEFORE THE BOARD OF SUPERVISORS</b> COUNTY OF FRESNO STATE OF CALIFORNIA
2	RESOLUTION NO. 23-150
3 4	IN THE MATTER OF PROCLAIMING MAY 1 <sup>ST</sup> ) TO MAY 7 <sup>TH</sup> AS MATERNAL HEALTH WEEK )
5	WHEREAS, Maternal mental health is an issue of great concern to pregnant women, new parents, families, and physicians; and
6 7	WHEREAS, Mental health challenges can affect all women of childbearing age and their partners regardless of age, race, or income level; and
8	WHEREAS, An infant or a child's wellness depends on moms on the mother's wellness; and
9	WHEREAS, Research studies have demonstrated 1 in 5 women, who reside within Fresno County, will suffer from a mental health disorder like postpartum depression; yet only 15 % of women seek
10	out treatment; and
11	WHEREAS, Many women are not adequately informed, screened, or treated for perinatal mood and anxiety disorder due to misunderstanding of the disorder and stigma associated with mental illness; and
12 13	WHEREAS, Perinatal mood and anxiety disorders are highly treatable with social support, therapeutic intervention, community-based services, and medication; and
14	WHEREAS, It is critical that service providers and community support systems that interface with new parents have a greater understanding of perinatal mood and anxiety disorders; and
15 16	WHEREAS, The Maternal Wellness Coalition of Fresno County will join the rest of the nation in observance of "Maternal Mental Health Awareness Week" to raise awareness about the importance of maternal mental health.
17 18 19 20	<b>NOW THEREFORE, BE IT RESOLVED</b> that the Fresno County Board of Supervisors hereby proclaims the week of May 1st through May 7th as Maternal Mental Health Awareness week in Fresno County in order to increase prevention, screenings, reduce stigma and promote maternal wellness and to call upon residents, government and community agencies, businesses, hospitals and schools to increase awareness and understanding of maternal mental health for the overall wellness of children, mothers, families and our community and supports the efforts of Maternal Wellness Coalition of Fresno County.
21	THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 9 <sup>th</sup> day of May 2023, to-wit:
22 23	AYES: Supervisors Brandau, Magsig, Mendes, Pacheco, Quintero NOES: None
	ABSENT: None ABSTAINED: None
24 25	Sul Dintero
26	Sal Quintero, Chairman of the Board of Supervisors of the County of Fresno
27	ATTEST: BERNICE E. SEIDEL
28	Clerk of the Board of Supervisors County of Fresno, State of California
	By <u>Alxandria Vicira</u> Deputy