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**BEFORE THE BOARD OF SUPERVISORS**  
COUNTY OF FRESNO  
STATE OF CALIFORNIA

**RESOLUTION NO. 22-156**

**IN THE MATTER OF PROCLAIMING MAY 2 TO MAY 8, 2022)**  
**MATERNAL MENTAL HEALTH AWARENESS WEEK )**

**WHEREAS**, maternal mental health is an issue of great concern to pregnant women, new parents, families, and physicians; and

**WHEREAS**, these mental health challenges can affect all women of childbearing age and their partners regardless of age, race, or income level; and

**WHEREAS**, research studies have demonstrated 1 in 5 women, who reside within Fresno County, will suffer from a mental health disorder such as postpartum depression; yet only 15 % of those women seek out treatment; and

**WHEREAS**, many women are not adequately informed, screened, or treated for perinatal mood and anxiety disorders due to misunderstanding of the disorders; and

**WHEREAS**, perinatal mood and anxiety disorders are highly treatable with social support, therapeutic intervention, community-based services, and medication; and


**WHEREAS**, it is critical that service providers and community support systems that interface with new parents have a greater understanding of perinatal mood and anxiety disorders; and

**WHEREAS**, the Maternal Wellness Coalition of Fresno County will join the rest of the nation in observance of "Maternal Mental Health Awareness Week" to raise awareness about the importance of maternal mental health.

**NOW THEREFORE, BE IT RESOLVED** that the Fresno County Board of Supervisors hereby proclaim the week of May 2<sup>nd</sup> to May 8<sup>th</sup> 2022 as Maternal Mental Health Awareness week in order to increase prevention, screenings, reduce stigma and promote maternal wellness and to call upon residents, government and community agencies, businesses, hospitals and schools to increase awareness and understanding of maternal mental health for the overall wellness of children, mothers, families and our community and supports the efforts of Maternal Wellness Coalition of Fresno County.

**THE FOREGOING**, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 3<sup>rd</sup> day of May, 2022, to-wit:

AYES:	Supervisors Brandau, Magsig, Mendes, Pacheco, Quintero
NOES:	None
ABSENT:	None
ABSTAINED:	None

  
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Brian Pacheco, Chairman of the Board of  
Supervisors of the County of Fresno

ATTEST:  
BERNICE E. SEIDEL  
Clerk of the Board of Supervisors  
County of Fresno, State of California

By   
Deputy