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BEFORE THE BOARD OF SUPERVISORS
COUNTY OF FRESNO
STATE OF CALIFORNIA

RESOLUTION NO. 22-156

IN THE MATTER OF PROCLAIMING MAY 2 TO MAY 8, 2022)
MATERNAL MENTAL HEALTH AWARENESS WEEK)

WHEREAS, maternal mental health is an issue of great concern to pregnant women, new parents, families, and physicians; and

WHEREAS, these mental health challenges can affect all women of childbearing age and their partners regardless of age, race, or income level; and

WHEREAS, research studies have demonstrated 1 in 5 women, who reside within Fresno County, will suffer from a mental health disorder such as postpartum depression; yet only 15 % of those women seek out treatment; and

WHEREAS, many women are not adequately informed, screened, or treated for perinatal mood and anxiety disorders due to misunderstanding of the disorders; and

WHEREAS, perinatal mood and anxiety disorders are highly treatable with social support, therapeutic intervention, community-based services, and medication; and


WHEREAS, it is critical that service providers and community support systems that interface with new parents have a greater understanding of perinatal mood and anxiety disorders; and

WHEREAS, the Maternal Wellness Coalition of Fresno County will join the rest of the nation in observance of "Maternal Mental Health Awareness Week" to raise awareness about the importance of maternal mental health.

NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaim the week of May 2nd to May 8th 2022 as Maternal Mental Health Awareness week in order to increase prevention, screenings, reduce stigma and promote maternal wellness and to call upon residents, government and community agencies, businesses, hospitals and schools to increase awareness and understanding of maternal mental health for the overall wellness of children, mothers, families and our community and supports the efforts of Maternal Wellness Coalition of Fresno County.

THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 3rd day of May, 2022, to-wit:

AYES:	Supervisors Brandau, Magsig, Mendes, Pacheco, Quintero
NOES:	None
ABSENT:	None
ABSTAINED:	None



Brian Pacheco, Chairman of the Board of
Supervisors of the County of Fresno

ATTEST:
BERNICE E. SEIDEL
Clerk of the Board of Supervisors
County of Fresno, State of California

By 
Deputy