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#### BEFORE THE BOARD OF SUPERVISORS COUNTY OF FRESNO STATE OF CALIFORNIA

**RESOLUTION NO. 22-157** 

#### IN THE MATTER OF PROCLAIMING MAY 2022) MENTAL HEALTH MATTERS MONTH

WHEREAS, mental health challenges are one of the most common health conditions in California. affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, one out of every twenty-four Californians with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, the more California's have expressed experiencing challenges to their mental health during the pandemic and are increasingly asking for supports, and

WHEREAS, recovery can and does happen, and all Fresno County residents should know that support and help is available regardless of any individual's situation; and

WHEREAS, creating a community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, the Fresno County Board of Supervisors wishes to enhance public awareness of mental health.

NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaim the Month of May 2022 as Mental Health Matters Month in the County of Fresno to enhance public awareness of mental health to help end the stigma, increase awareness, and support wellness and recovery efforts for the residents of Fresno County.

THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 3rd day of May, 2022, to-wit:

AYES:

Supervisors Brandau, Magsig, Mendes, Pacheco, Quintero

NOES:

None

ABSENT:

None

ABSTAINED: None

> Brian Pacheco. Chairman of the Board of Supervisors of the County of Fresno

ATTEST:

BERNICE E. SEIDEL

Clerk of the Board of Supervisors

County of Fresno, State of California