

# **Board Agenda Item 37**

DATE: July 11, 2017

TO: Board of Supervisors

SUBMITTED BY: Dawan Utecht, Department of Behavioral Health

SUBJECT: Amendment to Agreements for Assertive Community Treatment, Functional Family

Therapy, and Bright Beginnings for Families

## RECOMMENDED ACTION(S):

1. Approve and authorize the Chairman to execute Amendment I to Agreement No. 13-316 with Uplift Family Services for the Assertive Community Treatment Program, effective July 1, 2017, with no change in term to June 30, 2018 and increasing the maximum by \$822,384 to a total of \$8,859,474.

- 2. Approve and authorize the Chairman to execute Amendment I to Agreement No. 13-311 with Comprehensive Youth Services for the Functional Family Therapy Program, effective July 1, 2017, with no change in term to June 30, 2018 and increasing the maximum by \$403,564 to a total of \$8,260,329.
- 3. Approve and authorize the Chairman to execute Amendment I to Agreement No. 13-315 with Uplift Family Services, Comprehensive Youth Services, and Exceptional Parents Unlimited for the Bright Beginnings for Families Program, effective July 1, 2017, with no change in term to June 30, 2018 and increasing the maximum by \$1,145,340 to a total of \$18,162,035.

Approval of the recommended actions would allow the vendors to hire additional program staff to help reduce the waitlist, serve additional youth, and expand to include assessment and services to the clients' caregivers/family and/or staff. The recommended amendments would be funded with Mental Health Services Act - Community Services and Supports (MHSA - CSS) and Prevention and Early Intervention (MHSA - PEI), with no increase in Net County Cost.

## **ALTERNATIVE ACTION(S):**

Not approving the recommended actions would result in services continuing as currently provided. Additional staff and training would not be available to significantly reduce each program's waitlist, and caregivers/families would not receive needed treatment to enhance and benefit the minor clients' wellness and recovery plans.

#### FISCAL IMPACT:

There is no increase in Net County Cost associated with the recommended actions. The recommended amendments for Assertive Community Treatment (ACT), Functional Family Therapy (FFT) and Bright Beginnings for Families Program (BBFF) will increase maximum contract compensations as detailed in Attachment A: Table A, and the increases will be funded as detailed in Attachment A: Table B. Sufficient appropriations and estimated revenues will be included in the Department of Behavioral Health Org 5630 FY 2017-18 Recommended Budget. Actual costs will be based on services provided.

File Number: 17-0594

#### **DISCUSSION:**

On June 3, 2013, your Board approved Agreement Nos. 13-316, 13-311, and 13-315 with Uplift Family Services (formerly EMQ Families First, Inc.) for ACT; Comprehensive Youth Services (CYS) for FFT; and Uplift Family Services, Comprehensive Youth Services, and Exceptional Parents Unlimited (EPU) for BBFF, respectively. The three programs are Full Service Partnerships (FSPs) that provide mental health and client support services to the identified minor client and the client's family.

The programs involve varied degrees of working with the client's family toward the client's well-being, but the client's caregivers' own mental health impacts the client's progress. Providing expanded services to the client's family would create a more consistent and strength-based environment between the service site and the client's home, for the client to reach wellness and recovery. As FSPs, pending execution of the recommended actions, the programs would expand services to include assessment and treatment to caregivers, as needed.

The well-being of the family unit coupled with an increase in staff and training for additional evidence-based practices are expected to allow each program to more efficiently and effectively work with minor clients and their families to help them reach wellness and recovery. The program waitlists are anticipated to decrease, and the total number of clients served in FY 2017-18 are projected to increase from 120 to 160 for ACT; from 350 to 450 for FFT (includes the client, family members, and significant relatives/others); and from 200 to 250 for BBFF.

With your Board's approval, the recommended amendments would result in increased service provision to more families in a shorter period, without negative impacts to service quality. The programs have a base contract term of five years, with no renewals, effective July 1, 2013 through June 30, 2018. The recommended actions would increase the budget for FY 2017-18, with no changes to the agreement terms. Approval of the recommended actions would allow additional staff to be hired and trained and to expand services for families of the minor client.

#### REFERENCE MATERIAL:

BAI #9, June 4, 2013 BAI #44, June 4, 2013 BAI #48, June 4, 2013

#### ATTACHMENTS INCLUDED AND/OR ON FILE:

#### Attachment A

On file with Clerk - Amendment to Agreement No. 13-316 with Uplift Family Services

On file with Clerk - Amendment to Agreement No. 13-311 with CYS

On file with Clerk - Amendment to Agreement No. 13-315 with CYS, EPU, and Uplift Family Services

### CAO ANALYST:

Sonia De La Rosa