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BEFORE THE BOARD OF SUPERVISORS
COUNTY OF FRESNO
STATE OF CALIFORNIA

**IN THE MATTER OF PROCLAIMING MAY 2018)
AS MENTAL HEALTH AWARENESS MONTH)**

RESOLUTION NO. 18-162

WHEREAS, The Department of Behavioral Health is dedicated to supporting the wellness of individuals, families and communities in Fresno County who are affected by, or are at risk of, mental illness and/or substance use disorders through cultivation of strengths toward promoting recovery in the least restrictive environment; and

WHEREAS, All individuals experience times of difficulty and stress in their lives; and

WHEREAS, Prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, There is a strong research that diet, exercise, sleep, and stress management can help individuals protect their health and well-being; and

WHEREAS, Mental health concerns are real, prevalent and affect many adults and children regardless of age, gender, ethnicity, socioeconomic status or religion; and

WHEREAS, With effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

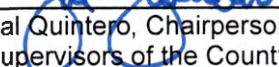
WHEREAS, The County of Fresno shares the burden of mental health problems and has a responsibility to promote mental wellness and support prevention efforts; and

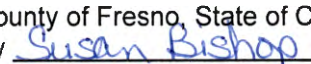
WHEREAS, The County of Fresno acknowledges and supports Mental Health America's theme of "Fitness #4Mind4Body," designed to help individuals better manage physical health and mental health, which can help achieve overall wellness.

NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaims May 2018 as Mental Health Awareness Month in order to increase prevention and early intervention efforts and to call upon residents, government and community agencies, businesses, hospitals and schools to increase awareness and understanding of mental illness and the need for appropriate and accessible services for all.

THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 1st day of May, 2018, to-wit:

AYES:	Supervisors Borgeas, Magsig, Mendes, Pacheco, Quintero
NOES:	None
ABSENT:	None
ABSTAINED:	None


Sal Quintero, Chairperson of the Board of
Supervisors of the County of Fresno

ATTEST:
BERNICE E. SEIDEL
Clerk of the Board of Supervisors
County of Fresno, State of California
By 
Deputy