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## ANNUAL REPORT 2018-2019

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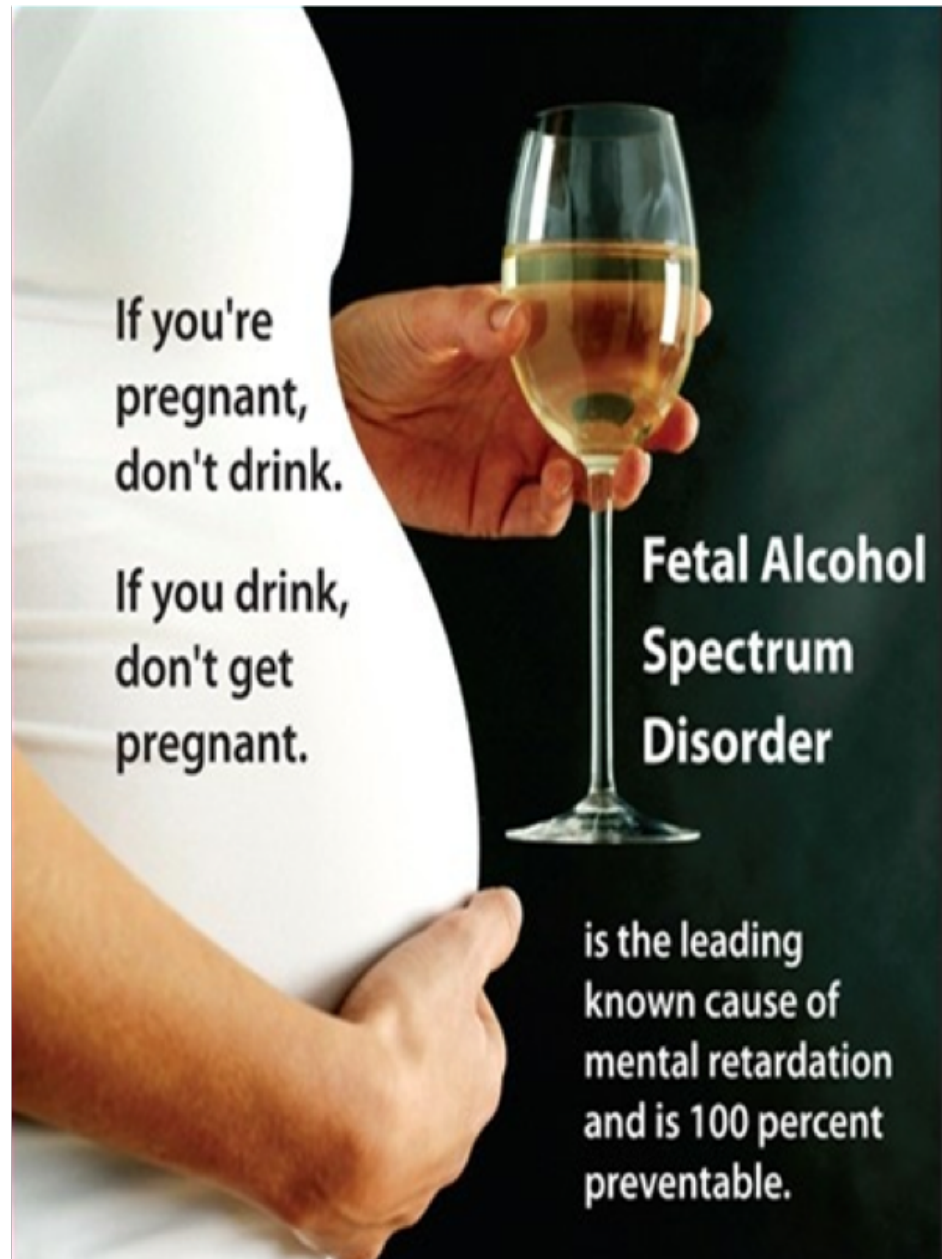
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### When substance abuse becomes child abuse.

Because 80 percent of all child maltreatment cases involve substance abuse, FCCAP has been researching prevention education trainings to address the increase in substance use of alcohol, marijuana, methamphetamine and other legal/illegal drug use by parents and particularly women and girls who are pregnant. Contact FCCAP for more information.

# The Children's Advocates Round Table

The mission of the Children's Advocates Roundtable is to address current issues affecting children and families in Fresno County primarily through multi-disciplinary collaborative discussion and implementation of change within the systems of child abuse prevention, intervention and treatment. The focus of the Roundtables this fiscal year was Fetal Alcohol Syndrome Disorder and other substance exposures because 80% of all child maltreatment cases involves substance abuse.



Center for  
Family  
Strengthening



*Helping families thrive.*

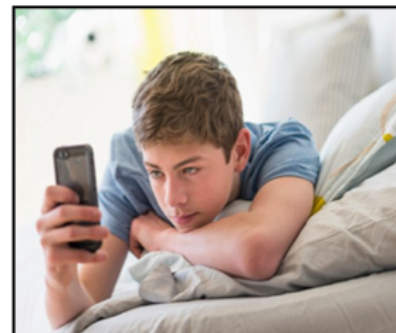
**SEPTEMBER 2018** – FCCAP invited Mary Thielscher, an educator and child advocate with Center for Family Strengthening in San Luis Obispo County, to present on FASD – Fetal Alcohol Syndrome Disorder – to address reported increases of prenatal substance abuse in Fresno County. Mary teaches “The Effects of Alcohol and Drugs on your Pregnancy” to all freshman in high school in a mandatory Health Education course which is the best example of primary prevention for reducing prenatal substance abuse and exposure. FCCAP is looking to replicate this program locally.

**DECEMBER 2018** – FCCAP Executive Director, Esther Franco, presented on FASD Awareness - Part II as a follow up to the September Roundtable targeting stakeholders who work with children and mothers with prenatal substance exposure history. The objective was to coordinate community efforts to begin an annual awareness campaign on the benefits of healthy pregnancy by educating professionals and women of child bearing age on the consequences of prenatal exposure to alcohol and other harmful substances such as marijuana, opiates, cocaine and methamphetamine. Franco included a report from attending a conference by Dr. Ira Chasnoff; “Marijuana, Alcohol & Pregnancy: Implications for Infant & Childhood Outcomes.” Because 80% of all child abuse and neglect cases involves substance abuse, FCCAP has been leading the discussion on this topic.



**MARCH 2019** – Through a grant from OCAP, FCCAP was able to bring Lisa Frederiksen, a National Keynote Speaker, Trainer, Consultant, & Founder of BreakingTheCycles.com for an extended format of our Roundtable to create a conference on; “Building Resilience Through Understanding Substance Abuse & Addiction.” Frederiksen has authored 11 books and has spent 14 years researching, writing, speaking and consulting on substance abuse prevention, ACEs, trauma, mental illness, and related subjects centered around 21<sup>st</sup> century brain and addiction related research. Feedback from this conference was great, here's one example from a participant, *“The Lisa Frederiksen presentation in March was incredible, I would appreciate her return so that I can recommend to those I know would benefit from it. I would consider it a life changer, I have told those around me, I walked away from the presentation five emotional pounds lighter! It definitely impacted how I approach children. Hugely appreciated and thank you each for your efforts.”* – Rose Slonski, Community Service Officer with Fresno County Sheriff's Office

**JUNE 2019** – “Understanding the Effects of Pornography on Children” was chosen as a topic because of a timely report from Google Analytics stating that pornography searches increase by 4,700% when children are out of school. The average child is now accessing “porn” between the ages of 8 to 11 and the age at highest risk for addiction is teenage boys ages 12 to 17. Karen Huckaby, MA, AMFT, the YouthSTAR Director with Roubicek & Thacker Counseling presented on how parents must talk to their teens about Internet pornography in order to shield them from the risk of addiction – which is alarmingly similar to drug or alcohol addiction. We cannot allow pornography to play a role in sex education.



**Contact FCCAP for information on advocating for children at risk through prevention education.**



# FCCAP MISSION

In 1995, the Fresno County Board of Supervisors appointed FCCAP as the Child Abuse Prevention Council (CAPC) for Fresno County. CAPCs are legislated in the Welfare and Institutions Code section 18980 of the State of California mandating every county (58) establish a CAPC to carry out specific legislated functions within that county. CAPC's were created in response to the Legislature's findings that the prevention of child abuse requires the involvement of the entire community. Accordingly, every CAPC mission is **to coordinate community efforts to prevent and respond to child abuse and neglect, which includes these objectives:**

- Provide a forum for interagency cooperation and coordination in the prevention, detection, treatment, and legal processing of child abuse cases.
- Promote public awareness of the abuse and neglect of children and the resources available for intervention and treatment.
- Encourage and facilitate training of professionals in the detection, treatment, and prevention of child abuse and neglect
- Recommend improvements in services to families and victims
- Encourage and facilitate community support for child abuse and neglect programs.

## HIGHLIGHTS OF OUR FISCAL YEAR JULY 2018- JUNE 2019



OFFICE OF  
CHILD ABUSE  
PREVENTION  
California Department of Social Services  
*grow strong families*

### Primary Prevention Summit

A statewide movement for primary child abuse prevention is being led locally by Fresno Dept. of Social Services. FCCAP attended the first summit in San Diego in January along with other local child care leaders such as First 5, Behavioral Health, Public Health and Fresno County Office of Education. More meetings have been held to discuss strategies and implementation.



Special thanks to Chukchansi Cares 2018 for selecting FCCAP as one of its recipients. A donation of \$5,100 was received.

### October is Safe Sleep & SIDS Awareness Month.



Although Sudden Infant Death Syndrome (SIDS) and Sudden Unexpected Infant Death (SUID) is not a child abuse/neglect issue, it is the number one cause of death of infants from one month to one year of age in Fresno County, and across the United States. That is why FCCAP assisted Lisa Poole, RN, BSN, CPHNII, the SIDS/FIMR Coordinator for Fresno County Dept. of Public Health in coordinating the first Safe Sleeping Conference on October 30<sup>th</sup> featuring Dr. Thomas G. Keens who is the Chair of the California State SIDS Advisory Council. FCCAP facilitates the Pediatric Death Review Committee for Fresno County and in 2017 15 babies died related to SIDS/SUID, 14 of whom were directly related to the sleep environment. In 2018, seven babies also died from sleep environment issues. Winter is a high risk time of year and while SIDS deaths are not preventable, those that are directly related to the sleep environment are preventable. Through education about providing babies with a Safe Sleep environment we can reduce the risk of SIDS deaths by more than 50% and the first step begins with educating professionals who provide services to new parents.

### New Covenant Community Church

Special thanks to the **Business Administration Pastor, Sandy Brown**, for generously donating almost all of the facility costs of hosting the annual child abuse prevention conferences for the past three years. This is a tremendous help to FCCAP for our April – Child Abuse Prevention Month Campaign. FCCAP is blessed by Sandy's kindness and concern for protecting children from abuse and neglect!



### Internet Safety for Seventh Graders

**Danny Munster**, the Transition Coordinator for Kastner Intermediate School has been scheduling Internet Safety Risks Training for his 7<sup>th</sup> grade students for the past three years. His commitment to providing his students with the resources they need to be successful in the classroom, at home, and in the community is commendable. Munster blocks two days for the students to attend the training which will help youth stay safe while using the Internet to protect them from sexual predators, cyberbullying, sexting and sharing too much information.



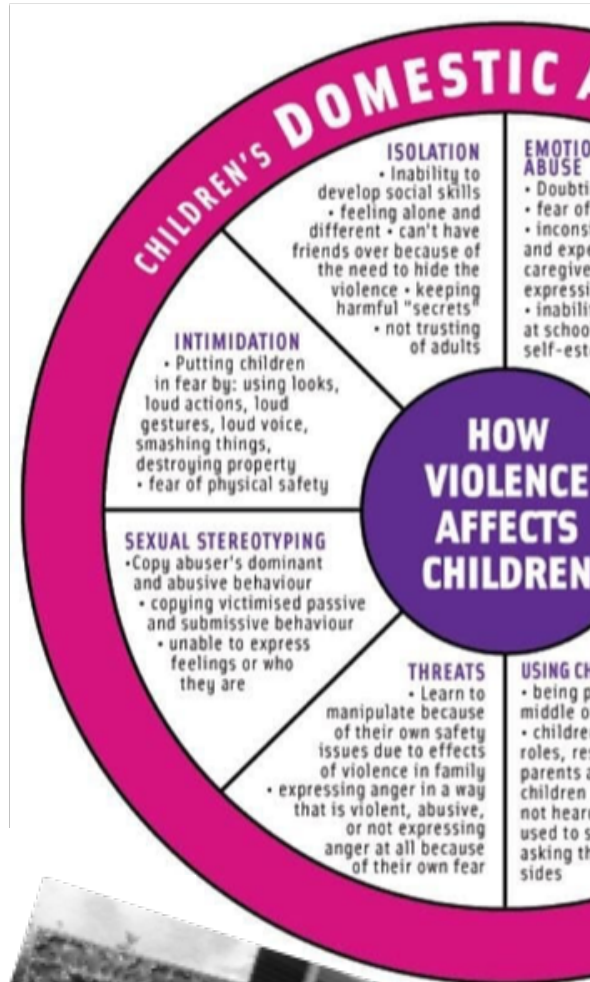
# Childhood exposure to domestic

The biggest victims of domestic violence are the smallest. Yet, every year millions of children watch and is that they end up with mental health problems at a rate higher than children who are actually the direct clinician; children exposed to domestic violence, who witness their parents fighting literally are experiencing the top part of the brain are literally shut down. It changes the brains of these children. For these reasons, Brain in all our trainings, particularly our Mandated Reporter Trainings. We must remember, that how w

October is Domestic Violence Awareness Month and FCCAP staff advocates for more awareness and pr



If babies could talk, they would tell you when they are hurting, or scared. But they can't. That's why they need their parents to learn what hurts them and what helps them develop into healthy, happy, children, teens and adults. Take time to learn what your baby needs - - -

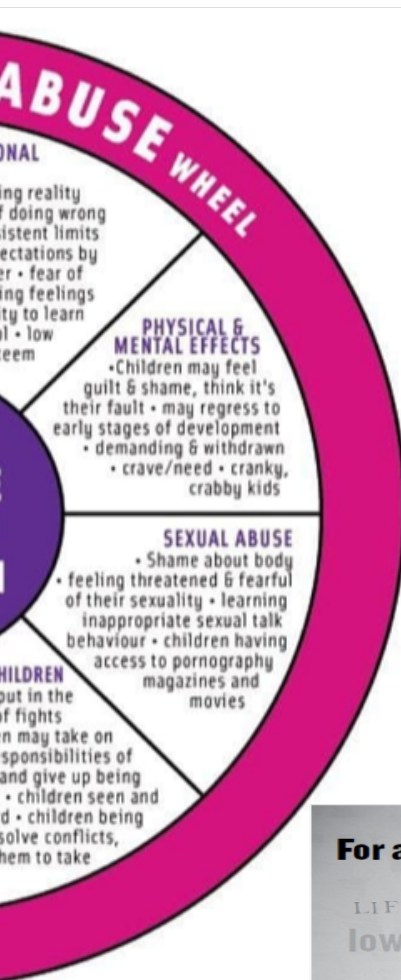




# violence can *hurt* for a lifetime!

and hear one parent violently assaulting another. The tragic reality of children living in domestic violence is that they are direct victims of physical abuse. According to Dr. Bruce Perry, a world renowned teacher, researcher and educator, living in a state of fear and when this happens the systems in your brain that are involved in thinking at the highest level, FCCAP utilizes Dr. Perry's First Impressions video on Exposure to Violence and a Child's Developing Brain. We raise our children is how we build our future communities.

prevention education.



"Think of it in terms of nutrition. If a baby is not fed consistent, predictable messages of love and communication, then those areas of the brain shut down and the child's capacity to function later in life is compromised."

- Dr. Bruce Perry



Adults are not the only victims

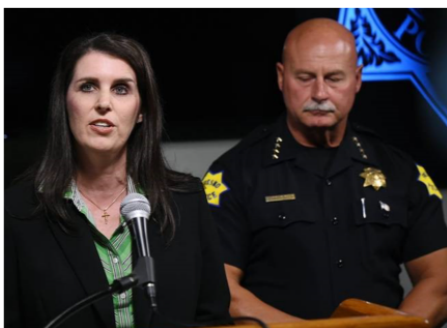


Sex education on healthy relationships and family planning is the best way to prevent the risk factors associated with child abuse and neglect.



asi veo a mi papá  
Porque es muy enojón  
y se pone borracho  
y se le ponen los ojos rojos

A drawing from an 8-year-old-boy stating, "This is how I see my father because he often gets angry and drunk and his eyes turn red."



A third domestic violence murder in May 2019, prompted Fresno Police Chief, Jerry Dyer, and District Attorney, Lisa Smittcamp, to warn that Fresno is on pace to reach 9,000 such crimes this year which would be a 17 percent increase over 2018. Dyer also noted a 54 percent spike in serious injuries. Pictured at right are, Chief Dyer, and the Marjaree Mason Center's Executive Director, Nicole Linder, warning victims in abusive relationships to seek help at the press conference in May 8th.

## PREVENTION PARTNERS

Because of the complexity and scope of child maltreatment, it takes many disciplines and services working collaboratively to intervene and prevent further abuse. FCCAP acknowledges the importance of each and every one of our “partners in prevention” because it takes the support of an entire community to protect children and keep them safe and healthy. *Thank you all!*

3 R's Group Home Inc.	Fresno County Pediatric Death Review Committee
Agape Schools	Fresno County Superintendent of Schools
Alliant University	Fresno County Sheriff
American Ambulance	Fresno County Dept. of Social Services
Angels of Grace Foster Family	Fresno County Trauma & Resilience Network
Area 2 Head Start	Fresno Economic Opportunities Commission
Aspiranet	Fresno Housing Authority
Badr Islamic Mosque	Fresno Pacific University
Big Brothers Big Sisters of Central California	Fresno Police Department
Big Sandy Rancheria	Fresno Unified School District
Boys & Girls Club of Fresno County	Fresno Unified Student Support Services
Bright Minds Daycare	Friends of the Fresno County Public Library
California Early Childhood Mentor Program	Glow
California Health Collaborative	Golden State Family Services
California Psychological Institute	Happy Day's Preschool
California State University, Fresno	Hinds Hospice, Fresno SOS
California Teaching Fellows	Jack and Jill's Learning Center
CAPMC- Head Start	Kastner Intermediate
Care Fresno	Kids Kasa Foster Care, Inc.
Caruthers Nazarene	KYJO Enterprise
CASA of Fresno & Madera Counties	Loretta's Little Miracles
Cesar Chavez Foundation	Little Miracles Christian Preschool
Center for Family Strengthening, SLO Co.	Made for Them
Central California Autism Center	Madera Department of Social Services
Central Calif. Coalition of CAPCs	Madison Head Start
Centro Binacional Para El Desarrollo Indigena Oaxaqueno	Madera Sunrise Rotary
Centro la Familia	Marjaree Mason Center
Children's Learning Center	Mendota Unified School District
Children's Services Network	Mosqueda Head Start
Chrysalis House Inc.	Molly's Head Start
City of Reedley	Office of Child Abuse Prevention
Clovis Community College	Owen's Valley Career Development Center
Clovis Community Medical Center	Parent University
Clovis Police Department	Parlier Migrant Child Care Center
Clovis Unified School District	Pathways
Coalinga Neighborhood Resource Center	Phoenix Academy
College Assistance Migrant Program, CSUF	Planned Parenthood Mar Monte
Community Based Learning, CSUF	Proteus Inc.
Community Care Licensing	Reading and Beyond
Community Regional Medical Center	Safe Kids Central California
Comprehensive Youth Services	Sanger Leap
Creative Minds	Selma Neighborhood Resource
Deaf and Hard of Hearing Center	Steam-Ed Academic Center & Differential Response
Dermer's Creative Care	Stone Soup
Eason Presbyterian Church	Strategies 2.0
Every Neighborhood Partnership	Teens that Care
Exceptional Parents Unlimited	Tilley Elementary
Fig Garden Library	Turning Point
Focus Forward	USCF Fresno Center for Medical Education & Research
Franklin Head Start	Upward Bound- Reedley
Fresno American Indian Health Project	Valley Health Team
Fresno Barrios Unidos	Valley Children's Healthcare
Fresno City College	Valley Children's Medical Group
Fresno County Board of Supervisors	VMS Family Counseling Services
Fresno County Dept. of Public Health	Wayfinders
Fresno County District Attorney's Office	West Fresno Family Resource Center
Fresno County Family Child Care Association	West Hills College
	Where the Garden Grows Preschool
	WIC-United Health Centers

## 2018-19 CHILD ABUSE PREVENTION & INTERVENTION SERVICES

12,321 – Child Abuse Pamphlets distributed  
 2,190 – Resource Posters distributed  
 1,917 – Information and Referral Calls  
 1,788 – Professionals trained in Mandated Reporting  
 999 – Children trained in Internet Safety Risks  
 490 – Adults trained in Child Abuse and Neglect  
 284 – Children trained in Talking About Touching  
 250 – RT/OCAP/LCF- Collaborative trainings  
 68 – Adults trained in Alternative Discipline  
 65 – Adults trained in Internet Safety Risks  
 24 – Pediatric Death Reviews  
 18 – Adults trained in Stewards of Children  
**20,414 – TOTAL NUMBER OF SERVICES PROVIDED**

## PUBLIC SUPPORT & REVENUE FOR JULY 2018-JUNE 2019

### GRANTS

Fresno Co. Children's Trust Fund .....\$211,632  
 Fansler Foundation .....\$59,484  
 Office of Child Abuse Prevention.....\$3,075  
 IN-N-OUT Burger.....\$2,500

### REVENUE FOR TRAININGS

MDRT, SOC, TAT, AD, CA, ISR ..... \$3,060

### CONTRIBUTIONS

New Covenant Church ..... \$5,500  
 Chukchansi Gold Casino .....\$5,100  
 April Campaign & Year End Gifts .....\$4,039  
 West America Bank .....\$1,500  
 Fig Garden Rotary..... \$1,415  
 Miscellaneous Income .....\$1,255  
 California Endowment .....\$1,000  
 FCCAP Board Members .....\$950

**TOTAL REVENUE.....\$300,510**

**FCCAP is a local nonprofit 501(c)(3) agency –  
 Tax ID # 94-2788744.**