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BEFORE THE BOARD OF SUPERVISORS
COUNTY OF FRESNO
STATE OF CALIFORNIA

RESOLUTION NO. 20-168

**IN THE MATTER OF PROCLAIMING THE)
WEEK OF MAY 4TH THROUGH MAY 10TH)
AS MATERNAL MENTAL HEALTH)
AWARENESS WEEK)**

WHEREAS, maternal mental health is an issue of great concern to pregnant women, new parents, families and physicians; and

WHEREAS, these disorders and mental health challenges can affect all women of childbearing age and their partners regardless of age, race, or income level; and

WHEREAS, an infant or a child's wellness depends on the mother's wellness; and

WHEREAS, research studies have demonstrated 1 in 5 women, who reside within Fresno County, will suffer from a mental health disorder like postpartum depression; yet, only 15 % of women seek out treatment; and

WHEREAS, many women are not adequately informed, screened, or treated for perinatal mood and anxiety disorder due to misunderstanding of the disorder; and stigma associated with mental illness, and

WHEREAS, perinatal mood and anxiety disorders are highly treatable with social support, therapeutic intervention, community-based services, and medication; and

WHEREAS, it is critical that service providers and community support systems that interface with new parents have a greater understanding of perinatal mood and anxiety disorders; and

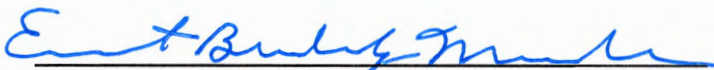
WHEREAS, to raise awareness about the importance of maternal mental health, the Maternal Wellness Coalition of Fresno County will join the rest of the nation in observance a Week of Maternal Mental Health Awareness.

NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaims the week of May 4th through May 10th as Maternal Mental Health Awareness Week in Fresno County in order to increase prevention, screenings, reduce stigma and promote maternal wellness and to call upon residents, government and community agencies, businesses, hospitals and schools to increase awareness and understanding of maternal mental health for the overall wellness of children, mothers, families and our community and supports the efforts of Maternal Wellness Coalition of Fresno County.

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THE FOREGOING, was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 12th day of May 2020, to-wit:

AYES: Supervisors Brandau, Magsig, Mendes, Pacheco, Quintero
NOES: None
ABSENT: None
ABSTAINED: None


Ernest Buddy Mendes, Chairman of the Board of Supervisors of the County of Fresno

ATTEST:
BERNICE E. SEIDEL
Clerk of the Board of Supervisors
County of Fresno, State of California

By Susan Bishop
Deputy

Agenda Item #17
File ID #20-0476
Resolution #20-168