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**BEFORE THE BOARD OF SUPERVISORS**  
COUNTY OF FRESNO  
STATE OF CALIFORNIA

**RESOLUTION NO. 21-114**

**IN THE MATTER OF PROCLAIMING MAY 2021 AS MENTAL)  
HEALTH MATTERS MONTH IN FRESNO COUNTY )**

**WHEREAS,** The Fresno County Department of Behavioral Health and its various community partners are committed to the efforts to promote wellness, recovery and resilience for individuals and families in our community; and

**WHEREAS,** Half of the population will experience some type of mental (behavioral) health challenge over the course of a lifetime; and

**WHEREAS,** Mental health challenges are one of the most common health conditions in California, affecting one out of six adults and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

**WHEREAS,** One out of every twenty-four Californian's with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

**WHEREAS,** Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

**WHEREAS,** The need for mental health services and support has risen during the global pandemic and where calls for more mental health services, supports and resources have come about; and

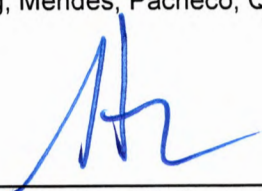
**WHEREAS,** Recovery can and does happen, and all Californians should know that support and help is available regardless of any individual's situation; and

**WHEREAS,** Creating a community where everyone feels comfortable reaching out for the support, they deserve is crucial to ending the stigma around mental health; and

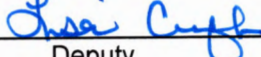
**NOW THEREFORE, BE IT RESOLVED** That the Fresno County Board of Supervisors hereby recognizes May 2021 as Mental Health Matters Month in the County of Fresno to enhance public awareness of mental health to help end the stigma, increase awareness, and support wellness and recovery efforts for Fresno County.

**THE FOREGOING,** was passed and adopted by the following vote of the Board of Supervisors of the County of Fresno this 27<sup>th</sup> day of April, 2021, to-wit:

AYES:	Supervisors Brandau, Magsig, Mendes, Pacheco, Quintero
NOES:	None
ABSENT:	None
ABSTAINED:	None

  
\_\_\_\_\_  
Steve Brandau, Chairman of the Board of  
Supervisors of the County of Fresno

ATTEST:  
BERNICE E. SEIDEL  
Clerk of the Board of Supervisors  
County of Fresno, State of California

By  \_\_\_\_\_  
Deputy