

THE COUNTY OF FRESNO  
Board of Supervisors

PROCLAMATION



*Whereas*~ maternal mental health is a critical concern affecting women, their children, families, and the overall well-being of communities in Fresno County; and

*Whereas*~ perinatal mood and anxiety disorders can affect all women of all backgrounds, regardless of age, race, or income level; and

*Whereas*~ the mental health of mothers is essential to healthy child development and strong families; and

*Whereas*~ untreated maternal mental health conditions during pregnancy and postpartum can negatively impact birth outcomes and infant development; and

*Whereas*~ Approximately 1 in 5 women in Fresno County experience a maternal mental health disorder, yet only a small percentage seek treatment; and

*Whereas*~ many cases go undiagnosed or untreated due to lack of awareness, screening, and stigma surrounding mental health; and

*Whereas*~ maternal mental health challenges continue to be missed or overlooked during women's prenatal and postpartum care; and

*Whereas*~ perinatal mood and anxiety disorders are highly treatable, and increased awareness and access to care can improve outcomes for mothers and families; and

*Whereas*~ to raise awareness about the importance of maternal mental health, the Maternal Wellness Stakeholders of Fresno County will join the rest of the nation in observance of a Week of Maternal Mental Health Awareness.

**NOW THEREFORE, BE IT RESOLVED** that the Fresno County Board of Supervisors hereby proclaims the week of May 4 through May 10, 2026, as **Maternal Mental Health Awareness Week**, and the month of May 2026 as **Maternal Mental Health Awareness Month** in Fresno County, and encourages residents, healthcare providers, and community organizations to increase awareness, reduce stigma, and support maternal mental health.

**ADOPTED BY THE FRESNO COUNTY BOARD OF SUPERVISORS  
THIS 12TH DAY OF MAY 2026**

Chairman Garry Bredefeld, District 2 Supervisor

Buddy Mendes, District 4 Supervisor

Vice Chairman Luis Chavez, District 3 Supervisor

Nathan Magsig, District 5 Supervisor

Brian Pacheco, District 1 Supervisor