
THE COUNTY OF FRESNO

Board of Supervisors

PROCLAMATION



Whereas~ the County of Fresno has embarked on its “Walking Works!” Challenge to raise awareness of the importance physical activity has on reducing health issues facing County of Fresno employees, and to offer strategies and tools to increase physical activity in order to improve health and wellness; and

Whereas~ research shows that a sedentary lifestyle is a predictor of obesity, diabetes, high blood pressure, and other health problems, but regular walking can help reduce preventable death, disease, and disability; reduce health care costs; improve overall energy and efficiency; and promote long and healthy lives among employees and residents of the County of Fresno; and

Whereas~ Fresno and Tulare Counties, as part of the San Joaquin Valley Insurance Authority, have agreed to take part in the Tenth “Walking Works!” Challenge scheduled for the week of May 11-17, 2026, whereby employees are encouraged to take part by tracking the numbers of steps walked daily; and

Whereas~ the Fresno County Board of Supervisors has supported the “Walking Works!” Challenge by encouraging friendly competition amongst departments and supporting the use of *Walker Tracker* to track steps on an individual and department level.

NOW THEREFORE, BE IT RESOLVED that the Fresno County Board of Supervisors hereby proclaim May 11-17, 2026, as “Walking Works!” Challenge Week and encourages all County of Fresno employees to become physically active and participate in the “Walking Works!” Challenge.

**ADOPTED BY THE FRESNO COUNTY BOARD OF SUPERVISORS
THIS 12TH DAY OF MAY 2026.**

Chairman Garry Bredefeld, District 2 Supervisor

Buddy Mendes, District 4 Supervisor

Vice Chairman Luis Chavez, District 3 Supervisor

Nathan Magsig, District 5 Supervisor

Brian Pacheco, District 1 Supervisor
